

LIST OF ASSISTANT PROFESSORS (MALE) GENERAL CADRE WHO ARE REQUIRED TO COMPLETE MANDATORY PROMOTION LINKED TRAINING BEING OF AGE BELOW 58 YEARS ACCORDING TO SENIORITY LIST OF ASSISTANT PROFESSORS (BS-18) GENERAL CADRE (COLLEGIATE BRANCH – MEN'S SECTION) AS IT STOOD ON .

Sr.No	Sen No	Name with Designation	CNIC No.	Present place of posting	Date of Birth	Cell#	E-mail	Status
1.	61	Mr. Arif Mehmood Khan, Assistant Professor of Political Science	38302-1191466-5	Govt. Graduate College, Mianwali.		0347-6911652	ARIF05784@gmail.com	TRAINING REQUIRED
2.	75	Mr. Atif Bokhari Syed Assistant Professor Of Geog.	61101-9586427-1	Govt. P/G College Asgar Mall Rawalpindi	14.07.1970	03215666645	syedatifbokhari@gmail.com	TRAINING REQUIRED
3.	76	Mr. Nasir Abbas Assistant Professor Of Stat.	33202-1265483-9	Govt. Graduate College Jhang	11.11.1971 Jhang	0333-6757267	Training not required. Said officer is working as professor of statistics at same college nasirabbasgcj@yahoo.com	
4.	77	Mr. Khalique-Ur-Rehman Assistant Professor Of Physics	36104-0401077-3	Govt. Associate College Tulamba Road, Mian Channu	02.01.1972	0300-6881872	khaliquerehman465@gmail.com	TRAINING REQUIRED
5.	78	Mr. Jamil Ahmad Siddiqi Assistant Professor Of Physics	35202-2193298-5	Govt. Graduate College of Science Wahdat road Lahore	02.02.1973	0300-4373440	jamilsiddiquiacquarian@gmail.com	TRAINING REQUIRED
6.	79	Mr. Waseem Fayyaz Assistant Professor Of Psy.	34603-2244839-1	Govt. Gordon Graduate College, Rawalpindi.	03.06.1970	0334-5862827	Waseem.fayyaz.k@hmail.com	TRAINING REQUIRED
7.	80	Mr. Muhammad Attiqus Salam Assistant Professor Of Physics	35202-2737423-3	Govt. Islamia Graduate College Railway Road, Lahore.	04.09.1970	0321-4856417	attiqussalam@gmail.com	TRAINING REQUIRED
8.	81	Mr. Shoaib Akhtar Assistant Professor Of Bot.	37405-0687787-1	Govt. Dyal Singh Graduate College, Lahore	28-03-1972	0300-9890917	sheri_shoaib@yahoo.com	TRAINING REQUIRED
9.	81-A	Bilal Rana Assistant Professor of English	35202-4677393-9	Govt. Graduate College, Model Town, Lahore	21.10.73 Lahore	0321-4604354	bilalrana21@gmail.com	TRAINING REQUIRED
10.	82	Mr. Tariq Hussain Assistant Professor Of Chemistry	34402-6916116-3	Govt. Graduate College, M.B.Din	26.06.1976	0321-7757980	tariqhussain03217757980@gmail.com	TRAINING REQUIRED
11.	83	Mr. Muhammad Irshad Assistant Professor Of Arabic.	35102-06309855	University of Education, Lower mall Campus Lahore	26.04.1971	0301-4895392	drhmirshad@gmail.com	TRAINING REQUIRED
12.	84	Mr. Asim Shaheed Assistant Professor Of Physics	34501-1922767-3	GOVT. ALLAMA IQBAL GRADUATE COLLEGE SIALKOT	29.04.1971	0345-6742211	asimshaheedkashmiri@gmail.com	TRAINING REQUIRED
13.	85	Mr. Muhammad Qasim Raza Assistant Professor Of Statistics	36302-1450611-1	Deputy Director of Education (Colleges), Lodhran	04.04.1969	0300-6308255	mqasimraza14@gmail.com	TRAINING REQUIRED

14.	86	Mr. Hifz-Ur-Rehman Usmani Assistant Professor Of Islamiat	35202-1517903-5	Govt. Graduate College of Science Wahdat road Lahore	11.12.1969	0300-4104507	usmanirazid34@gmail.com	TRAINING REQUIRED
15.	87	Mr. Muhammad Ansar Assistant Professor Of Physics		Govt. Graduate College, Jehlum.	01.12.1970		Died on 04-02-2019	
16.	88	Mr. Irfan Rauf Butt Assistant Professor Of Physics	.34603-2103295-1	Govt. Murray Graduate College Sialkot.	31.10.1971	0300-6121977	irfanrauf1971@gmail.com	TRAINING REQUIRED
17.	89	Mr. Shahid Mahmood Assistant Professor Of Physics	34101-9081805-7	Govt. FMF Graduate College Peoples Coolony, Gujranwala	05.08.1973	0301-6104506	Profshahidmahmood 123@gmail.com	TRAINING REQUIRED
18.	90	Mr. Nauman Jamil Khan Assistant Professor Of Chemistry	35202-2383312-5	Govt. Graduate College of Science Wahdat road Lahore	31.12.1973	03221-8881166	goodgestures73@mail.com	TRAINING REQUIRED
19.	91	Mr. Ahmad Abbas Assistant Professor Of Persian	36303-0975527-1	Govt. Associate College, Civil Lines, Multan.	03.03.1975	0301-7435532	Muh3017435532@gmail.com	TRAINING REQUIRED
20.	92	Mr. Muhamamd Shahazad Assistant Professor Of Biology	35404-6038270-3	Govt. Graduate College, Civil Lines, Shekhupura.	25.05.1976	0300-4750203	Sirajia2@gmail.com	TRAINING REQUIRED
21.	93	Mr. Shahzada Zia Ahmad Mian Assistant Professor Of Botany	34501-1973149-5	Govt. Associate College, Shalimar Town, Lahore	01.04.1982	0333-4724160	ziaahmad85@gmail.com	TRAINING REQUIRED
22.	94	Mr. Mazhar Iqbal Assistant Professor Of Pak.Study	61101-0450754-9	Govt. Gordon Graduate College, Rawalpindi.	20.02.1966	0345-8529720	profmazhariqbal@gmail.com	TRAINING REQUIRED
23.	95	Muhammad Bainazir Qazi Assistant Professor Of Biology	34101-5608300-3	Govt. FMF Graduate College Peoples Coolony, Gujranwala	15.08.1972	0300-6407479	pakravianmbqazi@gmail.com	Training Required
24.	96	Mr. Sohail Mumtaz Assistant Professor Of Urdu	35202-0636316-3	Govt. Dyal Singh Graduate College, Lahore	30-10-1972	0333-4886968	sohail.mumtaz40@gmail.com	TRAINING REQUIRED
25.	97	Mr. Asif Masaud Khurram Assistant Professor Of Chemistry	38403-6880842-5	Govt. Graduate College of Science, Wahdat Road, Lahore.	20.10.1974	0336-4589489	asifmasoodchemist@gmail.com	TRAINING REQUIRED
26.	98	Mr. Ali Raza Naqvi Assistant Professor Of Chemistry		Govt. Graduate College Shekhupura	09.10.1980 Sheikhupura	03004118207	Joined GCUFaisalabad	
27.	99	Mr. Musa Raza Assistant Professor Of Chemistry	34104-2355858-1	Govt. Islamia Graduate College Gujranwala	12-6-1966	0306-6413282	musaraza179@gmail.com	TRAINING REQUIRED
28.	100	Mr. Sana Ullah Sheikh Assistant Professor Of Chemistry	34104-2358789-7	Govt. M.Z.A. Khan Associate College Wazirabad.	05.08.1966	0333-8409354	sanauallah1966.wzd@gmail.com	TRAINING REQUIRED

29.	101	Mr. Asif Raza Rizvi Assistant Professor Of Stat.	37405-063548-9	Govt. Graduate College, Satellite Town, Rawalpindi.	12.10.1969	03445458299	Asifrizvi1969@gmail.com	TRAINING REQUIRED
30.	102	Mr. Ahmad Nadeem Assistant Professor Of English	38401-2315790-5	Govt. Ambala Muslim Graduate College Sargodha	01.04.1970	0331-7076823	ahmedsahibzada92@gmail.com	TRAINING REQUIRED
31.	103	Mr. Zahoor Hussain Assistant Professor Of Physics	38403-3747865-1	Govt. Ambala Muslim Graduate College Sargodha	05.05.1971 Sargodha	0300-6028221	zahoorhussain331@gmail.com	TRAINING REQUIRED
32.	104	Mr. Muhammad Ejaz Assistant Professor Of Economics	35202-3459686-9	Govt. M.A.O. Graduate College, Lahore	01.06.1971	0321-4286814	Ejzabukhsh2@gmail.com	TRAINING REQUIRED
33.	105	Mr. Muhammad Akbar Noor Assistant Professor Of Economics	36302-4570572-9	Govt. Allamdar Hussain Islamia Associate College, Multan.	01.04.1972	0321-6307007	akbarnoor4422@gamil.com.	TRAINING REQUIRED
34.	106	Mr. Abdul Azeem Assistant Professor Of Journalism	32203-8484774-9	Govt. Graduate College Sahiwal	29.12.1972	03006937706	azeemsoomra@gmail.com	TRAINING REQUIRED
35.	107	Mr. Abdul Shakoor Assistant Professor Of Physics			06.04.1974 M garh		Joined BZU	TRAINING REQUIRED
36.	108	Mr. Muhammad Zafar Iqbal Islamiat Assistant Professor Of	38302-1116805-3	Govt. Graduate College Mianwali	01.01.1962 Mianwali	0334-7653269	gc.boys.mianwali.hed@gmail.com	TRAINING REQUIRED
37.	109	Mr. Saeed Ahmad Pal Assistant Professor Of Physics	35201-1486417-9	Govt. Graduate College of Science Wahdat road Lahore	12.11.1966	0300-4271736	saeedpal3@gmail.com	Training required
38.	110	Mr. Ghulam Rabbani Butt Assistant Professor Of Pak.Study	37405-60553249	Govt. Graduate College, Asghar Mall, Rawalpindi.	15.11.1966	03360176821	Grbutt1966@gmail.com	TRAINING REQUIRED
39.	111	Mr. Muhammad Ishaq Assistant Professor Of Physics	36601-1550656-5	Govt. Graduate College Multan Road Burewala	02.06.1968 Vehari	0345-7099948	prof.ishaqwaseer@gmail.com	TRAINING REQUIRED
40.	112	Muhammad Ilyas Assistant Professor Of Biology			20.11.1968		Direct Select as Asso.Prof. at Sen. No. 363/G	
41.	113	Muhammad Yasin Assistant Professor Of Math.	36104-5360167-5	Govt. Graduate College Multan Road Burewala	30.04.1969 Khanewal	0346-7934343	yasinmuhammad691@gmail.com	TRAINING REQUIRED
42.	114	Amir Zia Assistant Professor Of Physics	37405-0326922-3	Govt. Graduate College, Asghar Mall, Rawalpindi.	25.05.1970	03335118104	Amirziaphysics70@gmail.com	TRAINING REQUIRED
43.	115	Dr. Muhammad Yar Shahid Assistant Professor Of Physics	36202-1061818-3	Govt. S.E Graduate College, Bahawalpur	15.04.1972	0300-9684877	mysesec72@gmail.com	TRAINING REQUIRED

44.	116	Mahmood Alam Assistant Professor Of Math.	42000-0541660-1	Govt. M.A.O. Graduate College, Lahore.	01.05.1972	0331-4347219	alammahmood762@gmail.com	TRAINING REQUIRED
45.	117	Nasir Iqbal Assistant Professor Of Biology	3230416470827	Govt. Graduate College, Muzaffargarh	05.07.1973	0333-6066530	Nasir.zool2000@gmail.com	TRAINING REQUIRED
46.	118	Habib Ahmed Assistant Professor Of Economics	36302-8241274-1	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	05.10.1975	0300-7374665	habibahmad770@gmail.com	TRAINING REQUIRED
47.	119	Nasrullah Assistant Professor Of English	38401-0240800-9	Govt. Ambala Muslim Graduate College Sargodha	04.06.1976	0341-6901976	nasrullahkahoo786@gmail.com	TRAINING REQUIRED
48.	120	Amanullah Assistant Professor Of Physics	32102-6323491-5	Govt. Graduate College Block-17, DG Khan	30.11.1976	03338551945	hassanaliaman@gmail.com	TRAINING REQUIRED
49.	121	Salman Rafique Assistant Professor Of English		On Ex-Pak leave without pay w.e.f. 02-08-2020 to 01-08-2021 from Govt. Graduate College for Boys, Satellite Town, G/Wala.	27.12.1979 Granwala		On study leave America	TRAINING REQUIRED
50.	122	Fazal Abbas Assistant Professor Of Physics	37201-1673387-5	Govt.Postgraduate College Chakwal.	16.08.1981	03348733836	fabbasawan@gmail.com	TRAINING REQUIRED
51.	123	Abdul Rashid Assistant Professor Of Math	35102-0268960-1	Govt. Graduate Islamia College Civil Lines, Lahore	18-10-1964	0333-4342156	rashidabdul976@gmail.com	TRAINING REQUIRED
52.	124	Muhammad Tariq Assistant Professor Of Economics	31303-2814302-1	Govt.Graduate College of Science Wahdat road Lahore.	01.11.1966	0334-7306788	muhammadtariq.phd@gmail.com	TRAINING REQUIRED
53.	125	Shafiq Anwar Assistant Professor Of Chemistry	31202-5953942-5	Govt.Graduate Colelge B.R.Bahawalpur	20.10.1967	0300-6820226	Shafiqanwar607@gmail.com	TRAINING REQUIRED
54.	126	Qutab-Ul-Haq Assistant Professor Of History	33302-2192271-1	Govt. Graduate College, Toba Tek Singh	19.09.1969	0300-4857971	qutabulhaq@gmail.com	TRAINING REQUIRED
55.	127	Javaid Iqbal Assistant Professor Of Stat.	36302-5382371-7	Govt. Graduare College Satellite Town, Rawalpindi.	10.05.1971	03335760172	javaidwah@gmail.com	TRAINING REQUIRED
56.	128	Ghazanfar Mahmood Assistant Professor Of Biology	31102-0634024-1	Govt. Graduate College Chishtian	17.06.1971	0331-7547767	Prof.ghazanfar.ch@gmail.com	TRAINING REQUIRED
57.	129	Muhammad Omer Assistant Professor Of Stat.	36302-0294922-3	Govt. Willayat Hussain Islamia Graduate College, Multan.	14.03.1972	0300-6331626	Omeransari72@gmail.com	TRAINING REQUIRED
58.	130	Sohaib Akhtar Assistant Professor Of Zoology			28.03.1972		Already at Sen. No. 81/G	TRAINING REQUIRED

59.	131	Rashid Mahmood Assistant Professor Of Biology	33104- 1286277-7	Govt. Graduate College for Boys Sahiwal	17.02.1975	030096901 46	ramay2010@live.com	TRAINING REQUIRED
60.	132	Dr. Khalid Mahmood Assistant Professor Of Urdu	35202- 3382194-5	Govt. Islamia Graduate College, Railway Road, Lahore	06.02.1977	0321-4964286	Khalidmahmood7676@gmail.com	TRAINING REQUIRED
61.	133	Shahbaz Ahmad Assistant Professor Of Math.			21.02.1982			TRAINING REQUIRED
62.	134	Nadeem Nazir Assistant Professor Of M.Comm.	33100- 0588454-7	Govt. College, University, Fsd.	06.05.1967	0300-7960300	Nadeemnazir1@gmail.com	TRAINING REQUIRED
63.	135	Abdul Rauf Assistant Professor Of English	35202- 2645715-7	Govt. M.A.O. Graduate College, Lahore	06.07.1969	0300-9467489	raufjuly@gmail.com	TRAINING REQUIRED
64.	136	Muhammad Javed Iqbal Shad Assistant Professor Of Math.	31303- 6950418-9	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	03-11-1969	0300- 6752711	javidiqbalshad@gmail.com	TRAINING REQUIRED
65.	137	Muhammad Asad Ali Assistant Professor Of Math.	35401- 1812676-3	Govt. Graduate College Ravi Road Shahdara Lahore.	12.11.1969	0344-4065205	gcbshahdara@gmail.com	TRAINING REQUIRED
66.	138	Jameel Ahmed Assistant Professor Of English	34101- 1156066-1	Govt. Islamia Graduate College Gujranwala	11-9-1970	0321- 6487838	Jameelahmed1170@gmail.com	TRAINING REQUIRED
67.	139	Shahid Mehmood Shaz Assistant Professor Of Urdu	34601- 0742738-1	GOVT. GRADUATE COLLEGE DASKA.	28.11.1970	0300-7499960	profshahidshaz@gmail.com	TRAINING REQUIRED
68.	140	Kashif Firaz Ahmed Assistant Professor Of Psychology	33105- 0296545-1	Govt. Graduate Islamia College Civil Lines, Lahore	10.08.1972	0300-4431242	kashiffiraz@gmail.com	TRAINING REQUIRED
69.	141	Muhammad Bani Amin Assistant Professor Of Physics	37201- 1614882-1	Govt. Postgraduate College, Chakwal.	13.10.1972	03315765858	03315765858mba@gmail.com	TRAINING REQUIRED
70.	142	Waseem Ahmad Assistant Professor Of Botany	61101- 1784675-7	Govt. Hashmat Ali Islamia Associate College, Rawalpindi.	16.03.1973	03005533774	On Ex-Pak leave.	TRAINING REQUIRED
71.	143	Dr. Zahid Akhtar Assistant Professor Of Math.	31202- 0334597-5	Govt. S.E Graduate College, Bahawalpur	06.05.1973	0322- 6521860	zahid_9896@yahoo.com	TRAINING REQUIRED
72.	144	Saeed Ahmed Assistant Professor Of Arabic	61101- 90446699	Govt. Graduate College Satellite Town, Rawalpindi.	12.04.1976	0314-5606860	Masa45892@gmail.com	TRAINING REQUIRED
73.	145	Shahzada Shahab Khan Assistant Professor Of Commerce	35201- 1313535-3	Govt. Shah Hussain Associate College Lahore.	11.08.1976	0322-4716345	shahhussaincollege@gmail.com	TRAINING REQUIRED
74.	146	Ahmad Ali Assistant Professor Of Zoology			12.12.1976		Join Islamia University, Bahawalpur.	TRAINING REQUIRED

75.	147	Zulfiqar Ali Assistant Professor Of Urdu	33301- 2090833-1	Govt. Graduate College, Asghar Mall, Rawalpindi.	13.03.1977	03458047129	zzulfiqaraliahsan@gmail.com	TRAINING REQUIRED
76.	148	Nadeem Ahmad Qaisrani Assistant Professor Of Physics	32102- 5867014-1	Ghazi University D.G. Khan	03.05.1977	03336489919	ndmqaisrani@gmail.com	TRAINING REQUIRED
77.	149	Khalid Masood Assistant Professor Of Physics	38302- 5080477-9	Govt. Graduate College Mianwali	11.09.1977 Mianwali	0333- 9834710	gc.boys.mianwali.hed@gmail.com	TRAINING REQUIRED
78.	150	Muhammad Azam Assistant Professor Of M.Comm.	36203- 3053360-3	Emerson University, Multan	01.01.1981	0300-6383886	muhammad.azam03006383886@gmail.com	TRAINING REQUIRED
79.	151	Aftab Iqbal Assistant Professor Of Biology	35202- 0585568-3	Govt. Graduate College of Science Wahdat road Lahore	04.10.1963	0333-4291886	profaftabiqbal@gmail.com	TRAINING REQUIRED
80.	152	Shahid Hussain Assistant Professor Of Stat.	31201- 0360243-3	Govt. S.E Graduate College, Bahawalpur	03.04.1968	0300- 6924922	Shahid31201@gmail.com	TRAINING REQUIRED
81.	153	Muhammad Amir Abbas Assistant Professor Of English			14.08.1968 M garh		Resigned	
82.	154	Muhammad Alim Assistant Professor Of Chemistry			16.10.1968		He is working as Professor of Chemistry/Principal Govt. Graduate College Samanabad, Faisalabad Associate sen320	
83.	155	Riaz Muhammad Khan Assistant Professor Of Physics	35200- 1511294-3	Govt. Shalimar Graduate College, Lahore.	12.12.1968	03234421237 03004904706	prof.riazmkhan@gmail.com	TRAINING REQUIRED
84.	156	Ellahi Bukhsh Assistant Professor Of Biology	37405- 0538813-5	Govt. Graduate College, Asghar Mall, Rawalpindi.	21.08.1970	0300-9546935	elahibukhsh@hajoo.com	TRAINING REQUIRED
85.	157	Ghulam Mustafa Assistant Professor Of Physics	35102- 0630521-1	Govt. Islamia Graduate College Kasur	12-03-1971	0301-4248962	Gmustafa61@gmail.com	TRAINING REQUIRED
86.	158	Amir Hafeez Assistant Professor Of English	36302- 2948836-7	Emerson University, Bosan Road, Multan.	03.02.1972	0300-6381023	amirhafeezmalik1@gmail.com	TRAINING REQUIRED
87.	159	Asghar Ali Assistant Professor Of Comm.			15.04.1972	0321-6141940	He did not joind as A.P.	
88.	160	Javid Ali Assistant Professor Of Math.	35403- 1157005-5	Govt. Graduate College Township, Lahore	30.04.1972	0333-8082664	javaidaliwaseer@gmail.com	TRAINING REQUIRED
89.	161	Navid Aslam Assistant Professor Of Biology	33100- 0618385-9	Govt. Graduate College Township, Lahore	07.06.1972	321-4074326	navidaslam2020@gmail.com	TRAINING REQUIRED
90.	162	Naeem Akhtar Assistant Professor Of Chemistry	36603- 7376457-5	Govt. Graduate College, Vehari.	31.05.1973	0300-6810041	naeemakht42@gmail.com	Training Required

91.	163	Naveed Abbas Bukhari Assistant Professor Of English	36302-0416411-1	Govt. Graduate College, Asghar Mall, Rawalpindi.	03.06.1974	03009638573	navidbukhari@gmail.com	Training Required
92.	164	Muhammad Tayyab Assistant Professor Of Physics	31202-4899014-3	Govt. S.E Graduate College, Bahawalpur	16.06.1974	0300-6841022	tayyab1022@gmail.com	TRAINING REQUIRED
93.	165	Sajjad Ahmad Assistant Professor Of Zoology	32304-5623493-3	Govt. Graduate College, Muzaffargarh	05.02.1975	0300-8495113	principal.gcb.mgarh1@gmail.com	TRAINING REQUIRED
94.	166	Bedi Uz Zaman Assistant Professor Of Economics		University of Sargodha	01.01.1977		Died on 11.08.2018.	
95.	167	Iftikhar Ahmad Assistant Professor Of Chemistry	34601-0828178-5	Govt. Murray Graduate College Sialkot.	07.01.1977	0345-6700668	Iftikharza12@gmail.com	TRAINING REQUIRED
96.	168	Mr. Abdul Aziz, Assistant Professor Of Sociology	35200-5034641-3	Govt. Graduate College of Science Wahdat road Lahore	15.08.1977	0333-4033344	azeztaga@gmail.com	TRAINING REQUIRED
97.	169	Sohail Mahmood Babur , Assistant Professor Of Computer Sc.	34601-0855165-1	Govt. Murray Graduate College Sialkot	20.11.1977	0333-1449373	smb8593@gmail.com	TRAINING REQUIRED
98.	170	Atta Muhammad Asif , Assistant Professor Of Stat.	38303-0974863-5	Govt. Sarwar Shaheed (N.H) Associate College Gujar Khan.	14.07.1979	03344333770	Atta-yecyaho.com	TRAINING REQUIRED
99.	171	Muhammad Arshad Baig , Assistant Professor Of English	35202-4048906-9	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	27-05-1967	0300-6734010	kfcryk1@gmail.com	TRAINING REQUIRED
100.	172	Amin Iqbal , Assistant Professor Of Stat.	37405-03799329	Govt. Graduate College Satellite Town, Rawalpindi.	02.12.1967	0321-5127626	Amin.iqbal67@yahoo.com	TRAINING REQUIRED
101.	173	Shahid Ali Khan , Assistant Professor Of Eco.	32301-9391971-3	Govt. Shalimar Graduate College, Lahore.	01.01.1968	03336163544	ibnshahid313@gmail.com	TRAINING REQUIRED
102.	174	Abdus Sattar , Assistant Professor Of Physics	33100-7364076-1	Govt. Graduate College of Science, Faisalabad	30.03.1968	0300-6663067	Abdusattar03@gmail.com	TRAINING REQUIRED
103.	175	Abdul Rab , Assistant Professor Of Physics	35202-0681083-3	Govt. M.A.O. Graduate College, Lahore	20.08.1968	0333-4273615	Abdul.multichoice@gmail.com	TRAINING REQUIRED
104.	176	Shakeel Ahmed Qureshi , Assistant Professor Of Islamiat	36302-4600660-7	Govt. Associate College Civil Lines, Multan.	01.01.1969	0300-6341540	shakeel.queshi69@yahoo.com	TRAINING REQUIRED
105.	177	Muhammad Masood , Assistant Professor Of Physics	33301-1747379-5	Govt. Graduate College Gojra	10.01.1969	0333-6851258	mamasood 6151258@gmail.com	TRAINING REQUIRED

106.	178	Shakil Ahmad , Assistant Professor Of Physics	34502-1585916-1	Govt. Hashmat Ali Islamia Associate College, Rawalpindi.	01.04.1969	03004574202 03108321837	shakilabwork@gmail.com	TRAINING REQUIRED
107.	179	Shahid Baig Mirza , Assistant Professor Of Civics		Govt.MAO College Lahore	07.06.1969 lahore		Took retirement	
108.	180	Javvad Umar , Assistant Professor Of Urdu	35202-4770884-7	Govt. Graduate Islamia College Civil Lines, Lahore	06.11.1969	0333-4232113	javvadumar1@gmail.com	TRAINING REQUIRED
109.	181	Sajid Mahmood Farooqi , Assistant Professor Of Geog.			01.01.1970		Already promoted as Associate Prof. vide NO.SO (EM-1) Promotion (18-19/2018) dated 31.5.2018 Sea at 1005/G Sen.List as Asso.Prof.	
110.	182	Muhammad Sajid Hussain , Assistant Professor Of Pol.Sc.		Last college Emerson college Multan	01.06.1970 Rawalpindi		Died in 2015.	
111.	183	Nadeem Ahmad , Assistant Professor Of Physics	35102-3591270-5	Govt. Graduate College of Science, Wahdat Road, Lahore.	09.09.1970	0333-4597875	nadeemahmadashrafi@gmail.com	TRAINING REQUIRED
112.	184	Zahid Yousaf , Assistant Professor Of Journalism			20.08.1971 Hafizabad	03334364620	Chairman Mass com university of Gujrat	TRAINING REQUIRED
113.	185	Iftikhar Ahmed , Assistant Professor Of Biology	34104-0127297-5	Govt. Islamia Graduate College Gujranwala	9-11-1971	0300-6472721	ifti758@gmail.com	TRAINING REQUIRED
114.	186	Muzammal Hussain Assistant Professor Of English	33100-0765969-9	Govt. Islamia Graduate College, Sargodha Road, Fsd	04.05.1972	0322-6086879	muzammalkaemail@gmail.com	TRAINING REQUIRED
115.	187	Mumtaz Ahmad , Assistant Professor Of English	35402-4181626-5	Govt. G.N. Graduate College Nankana Sahib	09.01.1973	0300-4689894	Prof.mumtazahmad@gmail.com	TRAINING REQUIRED
116.	188	Fakheem Naqvi Syed Assistant Professor Chemistry	35403-6639881-3	Govt. Islamia Graduate College Sangla Hill, Nankana Sahib	23.05.1975	03137207200	fakheemsyed@yahoo.com	TRAINING REQUIRED
117.	189	Abdul Manan Assistant Professor Of Math.	34402-1705705-1	Govt. Graduate College, M.B.Din	23.12.1975	0331-4144288	Manan75@gmail.com	TRAINING REQUIRED
118.	190	Sajjad Ahmad Assistant Professor Of Physics	37101-1731794-7	Govt. Graduate College Attock.	28.03.1976	03215717753	Sajjadahmed.physics@yahoo.com	TRAINING REQUIRED
119.	191	Nazir Ahmed Assistant Professor Of Biology	36303-9874314-3	Govt. Associate College, Civil Lines, Multan.	05.08.1976	0307-7415838	nazirahmadzoologist@gmail.com	TRAINING REQUIRED
120.	192	Muhammad Yasin Assistant Professor Of Biology	36102-4333533-5	Govt. Graduate College Jaranwala	14.02.1978	0300-6833715	yasinzoologist@gmail.com	TRAINING REQUIRED
121.	193	Muhammad Shehzad Sajid Assistant Professor Of Urdu (Principal)	38101-0684195-9	Govt. Associate College 47/TDA Bhakkar	01.03.1978	0333893234 6	shehzadsajid46@gmail.com	TRAINING REQUIRED

122.	194	Zulfiqar Ali Assistant Professor Of Physics	33202- 1269353-1	Govt. Ambala Muslim Graduate College Sargodha	18.09.1978	0346- 6010254	zulfiqar6010254@gmail.com	TRAINING REQUIRED
123.	195	Muhammad Bakhsh Assistant Professor Of Math.	32102- 7388151-1	Ghazi University D.Khan	10.05.1963	03336475712	bakshm818@gmail.com	TRAINING REQUIRED
124.	196	Imtiaz Ahmed Sair Assistant Professor Of Eco.	34603- 4521252-1	Govt. Murray Graduate College Sialkot	15.01.1964	0300-6108797	imtiazsair97@gmail.com	TRAINING REQUIRED
125.	197	Mr.Usman Rasheed Ch. Assistant Professor Of Psychology	35401- 3726078-7	GOVT. ASSOCIATE COLLEGE SHARAQPUR SHARIF	31.03.1965	0300-4085879	gc.sharaqpur@gmail.com	TRAINING REQUIRED
126.	198	Iftikhar Ahmad Assistant Professor Of Chemistry	35202- 2680099-9	Govt.Grautae College of Science Wahdat Road Lahore.	01.05.1965	0333-4299079	imsulehria@gmail.com	TRAINING REQUIRED
127.	199	Sher Ahmad Satti Assistant Professor Of Physics	37402- 8818286-3	Deputy Director Colleges, Rawalpindi.	21.05.1965	03315403744	Sasatti65@gmail.com	TRAINING REQUIRED
128.	200	Azhar Javed Siddiqui Assistant Professor Of Pak.St.	35202- 5344114-7	Govt. Dyal Singh Graduate College, Lahore	12-12-1965	0322-8289314	sabaagha234@gmail.com	TRAINING REQUIRED
129.	201	Muhammad Rasab Assistant Professor Of Physics	37405- 9139355-7	Govt.Graduate College, Asghar Mall, Rawalpindi.	18.09.1967	03335136223	Rasabmuhammad6531@gmail.com	TRAINING REQUIRED
130.	202	Muhammad Naeem Butt Assistant Professor Of Maths	34101- 0477766-3	Govt. Graduate College (B), Satellite Town, Gujranwala.	08-01-1968	0321-6423238	naeembutt1996@gmail.com	TRAINING REQUIRED
131.	203	Khalid Iqbal Assistant Professor Of Physics	37405- 45110863	Govt. Graduare College Satellite Town, Rawalpindi.	20.09.1968	03335159219	Khaiqbal69@gmail.com	TRAINING REQUIRED
132.	204	Asif Nadeem Rana Assistant Professor Of Chemistry	35202- 7175767-9	Govt.Graduate College of Science Wahdat road Lahore	01.01.1969	0333-4455887	ranaasif69@gmail.com	TRAINING REQUIRED
133.	205	Dr.Muhammad Azeem Iqbal Assistant Professor Of Urdu	35202- 8092076-7	Govt. Graduate College for Boys Gulberg, Lahore	12.02.1969	0300-4190120	drazeemiqbal@gmail.com	TRAINING REQUIRED
134.	206	Zahid Ahmad Assistant Professor Of Stat.			11.03.1969 Lahore		At seniority 43 Associate list	
135.	207	Hafiz Muhammad Abdul RazzaqAssistant Professor Of Philosophy	32303- 0789515-5	Govt. Associate College, Civil Lines, Multan.	02.02.1970	0333-4611310	Prof.abdulrazzaq@gmail.com	TRAINING REQUIRED
136.	208	Tariq Mahmood Assistant Professor Of Stat.	38201- 1118750-1	Govt. Graudate College Jauharabad	05.05.1970	0337- 7652867	aone8919@gmail.com	TRAINING REQUIRED
137.	209	Asmat Ullah Assistant Professor Of Zoology	32103- 1674955-9	Emerson University, Multan	09.08.1970	0333-6464121	asmat1970@gmail.com	TRAINING REQUIRED

138.	210	Malik Muhammad Sohail , Assistant Professor Of Geog.	37201- 1638638-1	Govt.Postgraduate College, Chakwal.	04.04.1971	03348740760	mmsohailgeo@gmail.com	TRAINING REQUIRED
139.	211	Muhammad Jamil Shah , Assistant Professor Of Eco.	35402- 1977249-5	Govt.G.N.Graduate College Nankana Sahib	28.04.1971	0300-4705251	jamilshah05@gmail.com	TRAINING REQUIRED
140.	212	Muhammad Saeed , Assistant Professor Of Math.	35201- 1428333-7	Govt. Graduate Islamia College Civil Lines, Lahore	12.10.1972	0321-4080072	giccllahore@gmail.com	TRAINING REQUIRED
141.	213	S.M. Shoib Hussain Kazmi , Assistant Professor Of English	31303- 3948990-7	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	24-10-1972	0334- 7340643	kfcryk1@gmail.com	TRAINING REQUIRED
142.	214	Muhammad Imran , Assistant Professor Of Biology	34104- 2319319-9	Govt. Islamia Graduate College Gujranwala	5-1-1973	0300- 7473889	imranikrash@gmail.com	TRAINING REQUIRED
143.	215	Miftaha Ud Din Zafar , Assistant Professor Of Physics	31304- 2021164-7	Govt. Associate College Sadiqabad	27.06.1973	0333- 7414809	miftahuddinzafer809@gmail.com	TRAINING REQUIRED
144.	216	Muhammad Imran Tabassum , Assistant Professor Of Urdu	35402- 2002317-9	Govt. Shalimar College Baghbanpura Lahore	14.03.1974 Sheikhupura	03004607969	Miaami75@gmail.com	TRAINING REQUIRED
145.	217	Farooq Jawaid Khan , Assistant Professor Of English	35202- 2677719-1	Govt Graduate Dyal Singh College Lahore	03.04.1974 Lahore	03214503349	Farooque74@hotmail.com	TRAINING REQUIRED
146.	218	Rauf Tahir Haidri , Assistant Professor Of English			08.10.1975			TRAINING REQUIRED
147.	219	Muhammad Arsalan , Assistant Professor Of Stat.	36302- 3947765-7	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	01.01.1976	0300-6162184	arsalansaheedmalik@gmail.com	TRAINING REQUIRED
148.	220	Dr.Waris Ali , Assistant Professor Of Physics	33104- 2215930-1	Govt. Graduate Islamia College Civil Lines, Lahore	09.07.1976	0333-4400936	warisaliwaris@gmail.com	TRAINING REQUIRED
149.	221	Tasawar Ali Syed , Assistant Professor Of Math.	34603- 2209352-7	Govt. Jinnah Islamia Gradudate College Sialkot	24.09.1976 Sialkot	0333-8653698	proftasawar@gmail.com	TRAINING REQUIRED
150.	222	Muhammad Ishaq , Assistant Professor Of Math.	33201- 1639517-9	Govt Graduate T I College Chenab Nagar Chiniot	05.11.1965	0331- 7663519	muhammadishaq910@gmail.com	TRAINING REQUIRED
151.	223	Ali Kamal , Assistant Professor Of Botany	33100- 1826207-1	Govt. Graduate College Samanabad Faisalabad	06.06.1978	0333-6536945	Dr.kamal0606@gmail.com	TRAINING REQUIRED
152.	224	Ata Ur Rehman , Assistant Professor Of Urdu	36401- 6586956-5	Govt. Imamia Associate College Sahiwal	12.01.79	0321- 8608292	gaziata79@gmail.com	TRAINING REQUIRED

153.	225	Muhammad Ajmal , Assistant Professor Of Physics	32203- 9349014-9	Govt. Graduate College Layyah	01.11.1979	0300 8766256	ajmalphy@yahoo.com	TRAINING REQUIRED
154.	226	Masood Qasim Hafiz , Assistant Professor Of Islamiat			25.05.1981			TRAINING REQUIRED
155.	227	Ghulam Hussain , Assistant Professor Of Chemistry			21.02.1961 Jhang		Retired	
156.	228	Abdul Rehman , Assistant Professor Of Zoology	36302- 9044764-5	Govt. Millat Associate College, Mumtaz abad, Multan	01.09.1964	0333-7623285	nazibrehman92@gmail.com	TRAINING REQUIRED
157.	229	Muhammad Khaled Siddiq , Assistant Professor Of Zoology	34201- 4122225-7	Govt. Graduate College for Boys Gulberg, Lahore	09.09.1964	0300-5425586	mksch.786@gmail.com	TRAINING REQUIRED
158.	230	Taufeeq Ahmad Butt , Assistant Professor Of Journalism	34201- 4122225-7	Govt. Graduate College for Boys Gulberg, Lahore	09.09.1964	0300-5425586	mksch.786@gmail.com	TRAINING REQUIRED
159.	232	Tahir Mahmood Farooqi, Assistant Professor Of Physics	37405- 1125775-3	Govt. Hashmat Ali Islamia Associate College, Rawalpindi.	12.03.1966	0333524431	thairmahmoodfarooqi@gmail.com	TRAINING REQUIRED
160.	233	Mazhar Irfan Syed , Assistant Professor Of Biology	36303- 0986068-9	Ghazi University D.G. Khan	03.06.1966	03006381471	Irfanmazhar273@gmail.com	TRAINING REQUIRED
161.	234	Shahid Saeed , Assistant Professor Of Chemistry	37301- 2364203-1	Govt. Graduate College Jhelum.	15.07.1966	03335832123	shahidetps@gmail.com	TRAINING REQUIRED
162.	234	Muhammad Mumtaz Hafiz , Assistant Professor Of Islamiat.		Govt. Graduate College, Basirpur, Okara.	08.10.1966 Okara		Died	
163.	235	Muhammad Rizwan Assistant Professor Of Stat.	37405- 8339916-1	Govt. Hashmat Ali Islamia Associate College, Rawalpindi.	03.12.1966	03315239427	Rizwanhashmi1966@gmail.com	TRAINING REQUIRED
164.	236	Muhammad Ashfaq , Assistant Professor Of Pol.Sc.	31202- 6496402-7	Govt. Associate College, Makhdoom Rasheed, Multan	12.04.1967	0301-7703260	ashfaqeco@gmail.com	TRAINING REQUIRED
165.	237	Muhammad Arshad , Assistant Professor Of Islamiat.			04.10.1967 Narowal		Associate Sen 15	
166.	238	Arshad Mahmood , Assistant Professor Of Economics	36401- 0833039-5	Govt. Associate College, (B) Sahiwal	23.04.1968	030172569 96	arshadmahmood1968@gmail.com	TRAINING REQUIRED
167.	239	Muhammad Javed Ahmad , Assistant Professor Of Economics	36103- 1658394-1	Emerson University Multan	27.08.1968	03009630010	javedahmadje@gmail.com	TRAINING REQUIRED
168.	240	Ghulam Shabbir , Assistant Professor Of Economics	38401- 0215737-5	Govt. Graduate College Bhalwal (Sargodha).	15.10.1968	0300- 6061525	shabbir.eco@gmail.com	TRAINING REQUIRED

169.	241	Tanvir Asghar , Assistant Professor Of Economics	37203- 3993060-1	Govt.Postgraduate College, Chakwal.	02.04.1969	03355966333	stanry91@gmail.com	TRAINING REQUIRED
170.	242	Muhammad Azam , Assistant Professor Of Physics	37405- 0454510-3	Govt. Gordon Graduate College, Rawalpindi.	02.08.1969	03335154503	profmazam@gmail.com	TRAINING REQUIRED
171.	243	Saeed Ahmad , Assistant Professor Of Chemistry	35404- 8855532-9	Govt. Graduate College, Civil Lines, Sheikhpura.	12.09.1969	0322-6353974	Gujjarking105@gmail.com	TRAINING REQUIRED
172.	244	Muhammad Khalid , Assistant Professor Of Pol. Science	36103- 1658394-1	Emerson University Multan	27.08.1968	03009630010	javedahmadje@gmail.com	TRAINING REQUIRED
173.	245	Muhammad Naeem , Assistant Professor Of Urdu			18.01.1971 Lahore		Associate Sen #31	
174.	246	Muhammad Akram Assistant Professor Of Urdu	35404- 2650704-1	Govt. Graduate College, Civil Lines, Sheikhpura.	07.08.1971	0300-4899513	Akramsra06@gmail.com	TRAINING REQUIRED
175.	247	Amjad Hussain Ghauri , Assistant Professor Of English	36302- 6732555-3	Govt. Millat Associate College, Mumtaz abad, Multan	16.01.1972	0300-7386963	amjadghauri1972@gmail.com	TRAINING REQUIRED
176.	248	Muhammad Tahir Yousaf , Assistant Professor Of Chemistry	33202- 2359245-3	Government Graduate College Jhang	15.04.1972	0346-2212125	tahirgcj@gmail.com	TRAINING REQUIRED
177.	249	Amir Hussain , Assistant Professor Of Chemistry	35202- 5000511-5	Govt.Graduate College of Science Wahdat road Lahore	04.04.1973	0345-4119132	m.amirhussain@gmail.com	TRAINING REQUIRED
178.	250	Muhammad Shahid Zia Assistant Professor Of Physics	Certificate available	Khawaja fareed College RYK	13.03.1974 RYK	Principal # 03337390376	Died	
179.	251	Muhammad Luqman Alam , Assistant Professor Of Civics	33201- 6526697-9	Govt.Associate College Jamia Muhammadi Sharif (Chiniot)	01.05.1974	0345- 7968091	muhammadluqmanalam@gmail.com	TRAINING REQUIRED
180.	252	Muhammad Zubiari Ullah , Assistant Professor Of Physics	31303- 2442032-1	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	15-09-1974	0300- 6752079	mzubairullah1122@gmail.com	TRAINING REQUIRED
181.	253	Zia Ilyas Warraich , Assistant Professor Of English	36502- 1355436-9	Govt. Graduate College Sahiwal	23.06.1975	0300-6900928	ziawarraich@gmail.com	TRAINING REQUIRED
182.	254	Muhammad Kamran Saleem Assistant Professor Of Physics	37405- 25958945	Govt. Graduate College Satellite Town, Rawalpindi.	03.09.1975	03455076404	Imkami75@hotmail.com	TRAINING REQUIRED
183.	255	Muhammad Shakeel Ahmad Siddiqui Assistant Professor Of Pol. Science	36302- 0391235-7	Emerson University, Multan	19.08.1976	0300-6320381	Shakeelsiddiqui56@gmail.com	TRAINING REQUIRED

184.	256	Zafar Iqbal Assistant Professor Of Chemistry	33201- 1630060-7	Govt.Islamia Graduate College Chiniot	12.10.1976	0333- 6883143	Zafarnawaz221@gmail.com	TRAINING REQUIRED
185.	257	Muhammad Tufail Assistant Professor Of Botany	34603- 4950664-7	Govt. Murray Graduate College Sialkot	05.11.1976	0301-6124408	ghummantufail1@gmail.com	TRAINING REQUIRED
186.	258	Irfan Ahmed Assistant Professor Of physics	37301- 0110449-5	Govt. Graduate College G. T Road, Jhelum.	21.09.1977	03215405020	Irfanahmed5020@gmail.com	TRAINING REQUIRED
187.	259	Faisal Arshad Malik Assistant Professor Of Botany	36202- 0297110-5	Emerson University, Bosan Road, Multan.	04.03.1978	03216823881	faisalemerson@gmail.com	TRAINING REQUIRED
188.	260	Muhammad Amer Zulfiqar Assistant Professor Of Chemistry	33202- 1276009-1	Government Graduate College Jhang	10.10.1978 Jhang	0333-6744749	amerzulifqar@gmail.com	TRAINING REQUIRED
189.	261	Muhammad Ahmad Khan Assistant Professor Of Urdu	35202- 2566331-5	Govt. Municipal Graduate College, Jaranwala Road, Faisalabad.	07.12.1978	0333-8445142	dr.92ahmad@gmail.com	TRAINING REQUIRED
190.	262	Imran Khaliq Assistant Professor Of Zoology	32102- 9302307-1	Ghazi University D.G. Khan	08.07.1980	03335849000	Imrankhaliq9@hotmail.com	TRAINING REQUIRED
191.	263	Abdul Rehman Assistant Professor Of Math	35301- 44130539	Govt. Faridia Associate Collge, Pakpattan	15.10.1980	0300-6329069	rehman742pk@gmail.com	TRAINING REQUIRED
192.	264	Abdul Rehman Assistant Professor Of Biology			01.09.1964		Already at 228/G	TRAINING REQUIRED
193.	265	Abid Nazir Gill Assistant Professor Of Chemistry	35202- 2663208-9	GCU, Lahore on deputation	08.03.1965	0300-4087654	angillchem@gmail.com.	TRAINING REQUIRED
194.	266	Babur Zaman Khan Assistant Professor Of Botany	35202- 2958600-9	Govt. M.A.O. Graduate College, Lahore	23.09.1965	0321-4299465	baburzaman@gmail.com	TRAINING REQUIRED
195.	267	Ghulam Qadir Assistant Professor Of Math	36502- 1226685-9	Govt. Graduate College Sahiwal	15.06.1966	0301-4551312	qadir.math@gmail.com	TRAINING REQUIRED
196.	268	Saif Ullah Rana Assistant Professor Of Physics	31101- 6621562-3	Govt. Graduate College Bahawalnagar	28.12.1966	0333-6300833	g.c.bahawalngar.hed@gmail.com	TRAINING REQUIRED
197.	269	Zahid Sawar Assistant Professor Of Economics		Last posting Govt Graduate College Sumandri Faisalabad	03.03.1967 T.T Singh		Now in America	TRAINING REQUIRED
198.	270	Dr. Muhammad Shoaib Shah Assistant Professor Of Physics	38403- 2163377-7	University of Sargodha.	05.04.1968	0344- 4653766	ms_shah_sgd@yahoo.com	TRAINING REQUIRED
199.	271	Ghulam Murtaza Assistant Professor Of Math	33302- 2196747-7	Govt. Graduate College Township, Lahore	15.04.1968	0307-6527647	Ghulammurtazagct1968@gmail.com	TRAINING REQUIRED

200.	272	Muhammad Arif Assistant Professor Of Urdu	34601- 6135475-1	Govt. Dyal Singh Graduate College, Lahore	16-04-1968	0300-6438167	mr.muhammadarif1968@gmail.com	TRAINING REQUIRED
201.	273	Gohar Taqi Kazimi Syed Assistant Professor Of Chemistry	38403- 2133761-9	University of Sargodha.	18.06.1968	0333- 9804513	gohartaqi@hotmail.com	TRAINING REQUIRED
202.	274	Muhammad Afzal Majeed Assistant Professor Of English	35202- 5909741-5	Govt. Graduate College of Science, Faisalabad	25.09.1968	0307-6526205	prof.afzalmajeed786@gmail.com	TRAINING REQUIRED
203.	275	Waqar Ahmad Assistant Professor Of Math	36302- 7988267-5	Govt. Alamdar Hussain Islamia Associate College, Multan.	20.12.1968	0336-8072726	waqarmaths1968@gmail.com	TRAINING REQUIRED
204.	276	Maqbool Ahmad Hafiz Assistant Professor Of Islamiat	33100- 5003517-9	Govt. Graduate College Samanabad Faisalabad	03.03.1969	03338970247	hafizmaqboolahmad@gmail.com	TRAINING REQUIRED
205.	277	Sarfraz Ahmad Assistant Professor Of Stat	38403- 2204191-1	Deputy Director (Colleges) District Sargodha.	05.04.1969 Sargodha	0321- 4639192 0300- 6006604	sarfrazch052@gmail.com	TRAINING REQUIRED
206.	278	Muhammad Akbar Assistant Professor Of Stat.		F.C.college University	01.11.1969 Khushab		Leave without pay	TRAINING REQUIRED
207.	279	Raza Askri Assistant Professor Of English	33100- 5365811-9	Govt. Islamia Graduate College, Sargodha Road, Fsd	18.04.1970	03218666764	rzaskri39@gmail.com	TRAINING REQUIRED
208.	280	Suhail Raza Assistant Professor Of English	33100- 7024281-5	Govt. Graduate College Abdullahpur, Faisalabad	20.09.1970 Fsd.	0313-7714801	suhailriz@gmail.com	TRAINING REQUIRED
209.	281	Muhammad Ashraf Assistant Professor Of Urdu.			20.09.1970 Bhukhar		At seniority #25 Associate	
210.	282	Naseem Mahmood Assistant Professor Of Islamiat	34502- 1543397-9	GOVT. ALLAMA IQBAL GRADUATE COLLEGE SIALKOT	02.01.1971	0333-4509288	drnasimskt@gmail.com	TRAINING REQUIRED
211.	283	Muhammad Umair Asim Assistant Professor Of Physics	322032284190 5	Deputy Director colleges Layyah	08.04.1971	03331724738	ddc.layyah2.hed@gmail.com	TRAINING REQUIRED
212.	284	Muhammad Zahid Assistant Professor Of English	35201- 1243426-1	Govt. Graduate College Sabzazar Lahore attached with Directorate of Public Instruction (Colleges), Punjab Lahore as Deputy Director (Training).	15.04.1971	0300-4128970	zahidmian89@gmail.com	TRAINING REQUIRED

213.	285	Fazal Elahi Butt Assistant Professor Of Zoology	35202-1022837-3	Govt. Graduate College of Science Wahdat road Lahore.	17.09.1971	0334-4008653	fazalb17@gmail.com	TRAINING REQUIRED
214.	286	Muhammad Abdullah Noman Assistant Professor Of English	34101-5927685-3	Govt. Graduate College (B), Satellite Town, Gujranwala.	25-10-1971	0300-7469519	abdullahnoman0300@gmail.com	TRAINING REQUIRED
215.	287	Muhammad Zahid Assistant Professor Of Physics	34601-1926241-3	GOVT. GRADUATE COLLEGE DASKA	17.12.1971	0300-7161070	zahidmaan71@gmail.com	TRAINING REQUIRED
216.	288	Muhammad Saleem Anwar Assistant Professor Of Islamiat	35202-9201897-3	Govt. Dyal Singh Graduate College, Lahore	01-05-1972	0300-6475761	saleemanwar13@gmail.com	TRAINING REQUIRED
217.	289	Sher Muhammad Assistant Professor of Civics	38401-9560960-3	Govt. Graduate College Bhalwal (Sargodha)	15.01.1973	0300-9601637	phdscholer2010@gmail.com	TRAINING REQUIRED
218.	290	Muhammad Rashid Assistant Professor Of Civics	352011261053 1	Govt. Shalimar Graduate College, Lahore.	01.05.1973	03334703508	m.rashid.prof@gmail.com	TRAINING REQUIRED
219.	291	Sana Ullah Khan Assistant Professor Of Physics	37405-0450150-5	Govt. Graduate College G. T Road, Jhelum.	10.04.1974	0344-8439021	Sanaullahkhan1004@gmail.com	TRAINING REQUIRED
220.	292	Ali Sher Javaid Assistant Professor Of Chemistry	33106-0332239-7	Govt Graduate College Samundri	11.04.1974	0333-8393918	Alisherjavaid418@gmail.com	TRAINING REQUIRED
221.	293	Muhammad Riaz Assistant Professor Of Math	31102-0632331-5	Govt. Graduate College Chishtian	01.10.1975	0333-6330341	mriazap@gmail.com	TRAINING REQUIRED
222.	294	Ashraf Hussain Assistant Professor Of Zoology	32304-1093490-7	Govt. Graduate College, Muzaffargarh	15.12.1975	0306-8851212	principal.gcb.mgarh1@gmail.com	TRAINING REQUIRED
223.	295	Muhammad Bilal Assistant Professor Of Comm.		Govt. Associate College, Civil Lines, Multan.	10.04.1977			TRAINING REQUIRED
224.	296	Basharat Sadiq Assistant Professor Of Botany	35201-4767946-3	Govt. Islamia Associate College (Boys), Lahore Cantt	25.02.1978	0333-4414468	basharatravian333@gmail.com	TRAINING REQUIRED
225.	297	Faisal Rasheed Khan Assistant Professor Of Comm.	36302-0448626-1	Govt. Associate College, Civil Lines, Multan.	25.05.1978	0336-8668436	faisalrasheedkhan14@gmail.com	TRAINING REQUIRED
226.	298	Muhammad Ishaq Assistant Professor Of Math	33201-1639517-9	Govt Graduate T.I College Chanab Nagar	05.11.1965 Jhang	03317663519	Muhammadishaq910@gmail.com	TRAINING REQUIRED

227.	299	Tahir Mahmood Assistant Professor Of Chemistry	35201-4162824-5	Govt. Shalimar Graduate College, Lahore.	14.06.1966	03334701715	tmarzf@gmail.com	TRAINING REQUIRED
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228.	300	Khalil Ur Rehman Assistant Professor Of Physics	61101- 1987337-3	Govt. Graduate College, Asghar Mall, Rawalpindi.	01.04.1967	03319818626	Khalilurrehman1467@gmail.com	TRAINING REQUIRED
229.	301	Khawar Khurshid Assistant Professor Of Education	35101- 7443741-9	Govt. Graduate College for Boys Chunian District Kasur.	16.10.1967	0304-6441544	drkhawarkhurshid@gmail.com	TRAINING REQUIRED
230.	302	Ijaz Ahmad Assistant Professor Of Urdu	35202- 2839667-3	Govt. Graduate College Township, Lahore	05.01.1968	0300-4160637	ijazab2@gmail.com	TRAINING REQUIRED
231.	303	Azhar Nadeem Syed Assistant Professor Of Physics	38101- 7721821-5	Govt. Graduate College Bhakkar	25.07.1968	0333- 8021005	syedazharnadeem@yahoo.com	TRAINING REQUIRED
232.	304	Hamad Sarwar Naqvi Syed Assistant Professor of Statistics	32102- 1020446-7	Govt. Graduate College Township, Lahore	08.10.1968	0307-7166623	naqvihamad@hotmail.com	TRAINING REQUIRED
233.	305	Abdul Waheed Tabish Assistant Professor Of Psy.	36402- 9946020-9	GOVT.ASSOCIATE COLLEGE BOYS PHOOL NAGAR	13.03.1969	0300-4837435	waheedtabish@gmail.com	TRAINING REQUIRED
234.	306	Dr. Wasim Raza Gardazi Syed Assistant Professor Of Punjabi	34501- 2003916-9	Govt. Zamindar Graduate College Gujrat	01.04.1969	0300-4187998	Zamindar.college@gmail.com	TRAINING REQUIRED
235.	307	Ayaz Muhammad Khan Assistant Professor Of Education			24.06.1969	0333-4690469	He joined as A.P at Uni. Of Education.	TRAINING REQUIRED
236.	308	Shahid Nasim Assistant Professor Of Economics	32203- 2885915-9	Govt. Associate College, Civil Lines, Multan.	02.11.1969	0300-6766410	Shahidnaseem522@gmail.com	TRAINING REQUIRED
237.	309	Altaf Hussain Qamar Assistant Professor Of English	36302- 0119312-9	Emerson University Multan	15.12.1969	03007182998	altafqamar2006@yahoo.com	TRAINING REQUIRED
238.	310	Asim Shuja Saqlain Assistant Professor Of Urdu	31201- 0768796-5	Govt. S.E Graduate College, Bahawalpur	03.01.1970	0333- 6406440	asimdurrani70@gmail.com	TRAINING REQUIRED
239.	311	Dr. Asmat Elahi Assistant Professor Of Physics	31205- 1653857-9	Govt. Graduate College of Science, Near PTCL Exchange, Chungi No. 6, Multan.	25.06.1970	0300-6733033	asmatelahi@yahoo.com asmatelahimultan@gmail.com	TRAINING REQUIRED
240.	312	Manzoor Hussain Assistant Professor Of Math	35201- 6945588-1	GOVT. ASSOCIATE COLLEGE SHARAQPUR SHARIF	08.08.1970	0300-4452222	manzoorcioal@gmail.com	TRAINING REQUIRED
241.	313	Sajid Mahmood Assistant Professor Of Stat	37301- 2194890-9	Govt. Graduate College G. T Road, Jhelum.	08.08.1970	03005418112	Sajidmahmood32@gmail.com	TRAINING REQUIRED
242.	314	Muhammad Noor Uz Zaman Assistant Professor Of Stat	37301- 2246250-3	Govt. Graduate College G. T Road, Jhelum.	15.08.1970	0345-5657430	Mnoor.jlm@gmail.com	TRAINING REQUIRED
243.	315	Muhammad Naem Assistant Professor Of Islamiat	35302- 1955529-3	GOVT.ASSOCIATE COLLEGE OKARA	13.01.1971 Okara	0333- 6962548	muhammadnaem.ap@gmail.com	TRAINING REQUIRED

244.	316	Muhammad Asghar Assistant Professor Of Math	35302- 1878433-7	GOVT.ASSOICATE COLLEGE OKARA	03.03.1971 Okara	0300- 6971433	asgharroh@gmail.com	TRAINING REQUIRED
245.	317	Naveed Iqbal Assistant Professor Of Chemistry	35201- 1607162-3	Govt. Graduate Islamia College Civil Lines, Lahore	16.03.1971	0333-4079502	gicclahore@gmail.com	TRAINING REQUIRED
246.	318	Amjad Ali Assistant Professor Of Physics	31101- 1634998-1	Govt. Graduate College Bahawalnagar	26.04.1971	0333- 6303551	g.c.bahawalngar.hed@gmail.com	TRAINING REQUIRED
247.	319	Muhammad Saeed Assistant Professor Of Pak Studies	34301- 6304691-7	Govt. Islamia Graduate College Gujranwala	14-9-1971	0333- 4435335	Saeedsahi 671@gmail. com	TRAINING REQUIRED
248.	320	Zeshan Muhammad Assistant Professor Of English	36302- 5049914-9	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	01.05.1972	0321-6335141	zeshanqadri@yahoo.co.uk	TRAINING REQUIRED
249.	321	Muhammad Zafarullah Bhatti Assistant Professor Of Chemistry	35102- 7399279-5	GOVT. ASSOCIATE COLLEGE SHARAQPUR SHARIF	18.05.1972	0333-4344003	bhattimz@gmail.com	TRAINING REQUIRED
250.	322	Muhammad Ashraf Shahzad Assistant Professor Of English	35102- 0626456-7	Govt. Islamia Graduate College Kasur	30-10-1972	0321-6581300	Ashrafshahzad681@gmail.com	TRAINING REQUIRED
251.	323	Zaheer Ahmad Assistant Professor Of Chemistry	36502- 8473898-3	Govt. Graduate College Sahiwal.	18.08.1973	0321- 7028687	za30555@gmail.com	TRAINING REQUIRED
252.	324	Muhammad Sarfraz Assistant Professor Of Physics	36302- 7923475-5	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	10.04.1974	0302-7777121	m.sarfraz1974@yahoo.com	TRAINING REQUIRED
253.	325	Mahmood Ul Hasan Assistant Professor Of Economics	61101- 7292521-7	Govt. Graduate College, St/Town Rawalpindi	18.04.1974	0321-5079941	Mehmoodulhassan656@gmail.com.	TRAINING REQUIRED
254.	326	Mudassar Imran Babar Assistant Professor Of Stat			15.05.1975			TRAINING REQUIRED
255.	327	Abdul Samad Tahir Assistant Professor Of Islamiat	36302- 7303081-3	Govt. Willayat Hussain Islamia Graduate College, Multan.	05.07.1975	0302-7320029	hafizhst75@gmail.com	TRAINING REQUIRED
256.	328	Muhammad Arshad Bhatti Assistant Professor Of Chemistry	35202- 0603408-7	Govt. Grautae College of Science Wahdat Road Lahore.	31.12.1976	0300-4620696	prof.marshad1@gmail.com	TRAINING REQUIRED
257.	329	Muhammad Atif Zia Assistant Professor Of Chemistry	38403- 2139285-3	University of Sargodha.	01.01.1977	0333482236 4	atifzea@gmail.com	TRAINING REQUIRED

258.	330	Muhammad Abdul Basit Anwar Assistant Professor Of Journalism	31205- 1595940-5	Govt. Graduate College B.R. Bahawalpur.	04.07.1977	0301- 7907410	basitanwarkhan@gmail.com	TRAINING REQUIRED
259.	331	Abdul Hamid Assistant Professor Of Computer Sc	35102- 1190712-7	Govt. Shalimar Graduate College, Lahore.	12.10.1978	03004410839	Hameedbcs78@gmail.com	TRAINING REQUIRED
260.	332	Muhammad Jamil Assistant Professor Of Physics	34301- 1764145-3	Govt. FMF Graduate College Peoples Colony, Gujranwala	02.04.1965	0321-6200645	Muhammadjamil305@gmail.com	TRAINING REQUIRED
261.	333	Abdul Hakeem Assistant Professor Of Physics	32402-14586	Govt. Graduate College Jampur	11.09.1965	0333-6450533	abdulhakeemjampur@gmail.com	TRAINING REQUIRED
262.	334	Muhammad Shafi Assistant Professor Of Physics	36101- 0262633-7	Govt. Millat Associate College, Mumtaz abad, Multan	10.02.1966	0322-6103107	muhammadshafi012@gmail.com	TRAINING REQUIRED
263.	335	Saghir Ahmad Assistant Professor Of Zoology	31304- 2088170-7	Govt. Grautae College of Science Wahdat Road Lahore.	15.03.1967	0333-6219537	saghir7np@yhoo.com	TRAINING REQUIRED
264.	336	Mujahid Ali Assistant Professor Of Persian	34402- 1628850-5	Govt. PYS Associate College Phalia (M.B.Din)	02.06.1967	0322-7650776	mujahidali0776@gmail.com	TRAINING REQUIRED
265.	337	Dr. Muhammad Asaf Amir Assistant Professor Of English	38201- 0991938-5	Govt. Associate College Boy Naushera	12.09.1967	0307- 7319808	Asafamir808@gmail.com	TRAINING REQUIRED
266.	338	Muhammad Afzal Qamar Assistant Professor Of Chemistry	33100- 0731404-7	Govt. Graduate College Samanabad Faisalabad	15.09.1967	03007224178	gamarchemist@gmail.com	TRAINING REQUIRED
267.	339	Ehsan Ahmad Sheikh Assistant Professor Of Islamiat	35202- 5159661-5	Govt. Graduate College, Model Town, Lahore	25.09.1967	0333-4362816	gcmodeltown@gmail.com	TRAINING REQUIRED
268.	340	Mukhtar Hussain Bukhari Syed Assistant Professor Of History	38101- 5925732-9	Govt. Graduate College Bhakkar	21.11.1967	0333- 8909805	mukhtarbukhari1214@gmail.com	TRAINING REQUIRED
269.	341	Muhammad Tariq Assistant Professor Of Urdu	35202- 0710242-7	Govt. M.A.O. Graduate College, Lahore	09.02.1969	0321-4107378	4107378@gmail.com	TRAINING REQUIRED
270.	342	Faiz Rasool Faizan Assistant Professor Of Urdu	34101- 1998651-1	Govt. Islamia Graduate College Gujranwala	6-3-1969	0321- 6421903	gic.cr.grw@ gmail.com	TRAINING REQUIRED
271.	343	Zafar Hussain Assistant Professor Of Math	34201- 3676822-5	Govt. Zamindar Graduate College Gujrat	13.04.1970	0333-8408689	hussainzafar888@gmail.com	TRAINING REQUIRED
272.	344	Muhammad Rizwan Assistant Professor Of Math.	323041656534 1	Govt. Garduate College, Muzaffargarh	09.07.1970	0300-6864601	aasmathematics@gmail.com	TRAINING REQUIRED
273.	345	Murad Ali Assistant Professor Of Chemistry		Govt. S.E Graduate College Bahawalplur.	19.11.1970		He has been died on 10.06.2020	

274.	346	Zulfiqar Ali Gujjar Assistant Professor Of Economics	36104- 8908567-7	Govt. Imamia Associate College, Sahiwal.	21.03.1971	0333-6249332	Zulfiqar086@gmail.com	TRAINING REQUIRED
275.	347	Shakeel Ahmad Khan Assistant Professor Of Physics	33104- 6110865-3	Govt. Graduate College Jaranwala	04.08.1971	0300-6530442	Shakeel890@gmail.com	TRAINING REQUIRED
276.	348	Irtaza Ameer Naqvi Syed Assistant Professor Of Psy.	35200- 1564078-7	GOVT.ASSOCIATE COLLEGE BOYS PHOOL NAGAR	25.12.1971	0322-7011214	Irtaza14@gmail.com	TRAINING REQUIRED
277.	349	Abou Talib Arshad Assistant Professor Of Comm.	36302- 9305748-9	Govt. Associate College Civil Lines, Multan.	01.01.1972	0334-6079312	talibarshad1214@gmail.com .	TRAINING REQUIRED
278.	350	Shahzad Younas Assistant Professor Of Physics	34601- 0844075-5	GOVT. GRADUATE COLLEGE DASKA	13.02.1972	0300-6436821	sh.younas72@gmail.com	TRAINING REQUIRED
279.	351	Ijaz Anwar Assistant Professor Of Physics	34602- 3129427-9	Govt. Associate College No. 1 Pasrur (Sialkot)	10.07.1972	0345-6687144	Ijazanwar7386@gmail.com	TRAINING REQUIRED
280.	352	Shahbaz Ali Assistant Professor Of Botany			01.10.1972		DS as Asso.Prof. Sen.No. 406/G	
281.	353	Raza Hafeez Ahmad Assistant Professor Of Botany	35202- 2327027-9	Govt. Islamia Graduate College, Railway Road, Lahore	18.12.1972	03454410801	raza4a@gmail.com	TRAINING REQUIRED
282.	354	Shahbaz Ali Assistant Professor Of Chemistry	34101-1699727- 1	Govt. Graduate College (B), Satellite Town, Gujranwala.	25-01-1973	0333-8157051	sheikhshahbazali1973@gmail.com	TRAINING REQUIRED
283.	355	Naveed Fazal Haq Awan Assistant Professor Of Chemistry	35404- 1561682-5	Govt. Graduate College, Civil Lines,, Sheikhpura.	24.05.1973	0333-4746048	naveedfazalhaq@gmail.com	TRAINING REQUIRED
284.	356	Muhammad Ashraf Assistant Professor Of Urdu	38401- 1431847-1	Govt. Graduate College Bhalwal (Sargodha)	08.11.1974	0300- 6064055	yaqoot603@gmail.com	TRAINING REQUIRED
285.	357	Dr. Kashif Younas Butt Assistant Professor Of Chemistry	34603- 5800733-9	Govt. Murray Graduate College Sialkot	01.05.1975	0333-8601391	kashifyounasbutt@gmail.com	TRAINING REQUIRED
286.	358	Sajid Ali Shah Syed Assistant Professor Of Economics	34402- 1669902-9	Govt. Associate College for Boys Deona (Gujrat)	10.07.1975	0300-7747725	syedsajidali88@gmail.com	TRAINING REQUIRED
287.	359	Muhammad Abid Assistant Professor Of Computer Sc.	32203- 3237734-9	Govt. Graduate College Layyah	16.04.1976	0333 6204678	mabid164@gmail.com	TRAINING REQUIRED
288.	360	Abul Bari Assistant Professor Of History	31302- 2139737-7	Govt. Associate College Sadiqabad	06.06.1976 R.Y.Khan	0300- 7769326	mabdulbari786@gmail.com	TRAINING REQUIRED

289.	361	Amjad Abbas Khan Assistant Professor Of Pak Studies		Join University of Punjab	10.07.1976 Bhukhar	0333-6844571		
290.	362	Waheed Iqbal Assistant Professor Of Math	33202-1347099-1	Government Graduate College Gojra Road Jhang	27.09.1976 / Jhang	0333-6741976	wiqbaldw@gmail.com	TRAINING REQUIRED
291.	363	Qasim Ali Assistant Professor Of Physics	38401-0292572-7	Govt. Associate College Bhagtanwala Sargodha	29.09.1976	0302-4825174	qasimgcbhagtanwala@gmail.com	TRAINING REQUIRED
292.	364	Muhammad Riaz Gohar Assistant Professor Of English	34101-2473407-3	Govt. Associate College for Boys, Rahwali Gujranwala	10.06.1977	0300-9644467	riazthinker@gmail.com	TRAINING REQUIRED
293.	365	Shakeel Haider Assistant Professor Of Pak Studies		Govt Graduate College Mianwali	26.07.1977 Mianwali		Resignrd satelled in canada	
294.	366	Muhammad Huzefah Assistant Professor Of Economics	34101-2597438-9	Govt. Graduate College (B), Satellite Town, Gujranwala.	01-09-1977	0300-6469834	universal.acd@gmail.com	TRAINING REQUIRED
295.	367	Yasir Abbas Baig Assistant Professor Of English	34603-2117840-1	Govt. Murray Graduate College Sialkot	31.12.1977	0333-8608878 , 052-3552727	profyasirbaig@gmail.com	TRAINING REQUIRED
296.	368	Kaleem Ullah Assistant Professor Of Physics	36302-0422043-7	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	02.01.1978	0301-7400172	ranakaleemullah78@gmail.com	TRAINING REQUIRED
297.	369	Muhammad Imran Rana Assistant Professor Of Botany	38101-0692629-1	Govt. Graduate College Bhakkar	20.10.1979	0333-8908903	imranranabkr@yahoo.com conserve.desert@gmail.com	TRAINING REQUIRED
298.	370	Imran Ali Assistant Professor Of Zoology	32102-1018021-3	Ghazi University D.G. Khan	12.12.1980	03336556509	ialidgk555@gmail.com	TRAINING REQUIRED
299.	371	Muhammad Asim Shahzad Assistant Professor Of Urdu	38201-7538641-5	Govt. Graudate College Jauharabad	06-03-1981	0300-4204539	drasimhoyia@gmail.com	TRAINING REQUIRED
300.	372	Sabri Noor e Mustafa Assistant Professor Of Urdu	35302-2012351-9	Govt. Graduate College Pattoki District Kasur	03.11.1981	0333-9823329	Sabrinoor70@gmail.com	TRAINING REQUIRED
301.	373	Ghulam Raza Nasir Assistant Professor Of Sociology	32103-4767829-3	Govt. Associate College Civil Lines, Multan.	03.06.1962	0301-6963517	grazanasir@gmail.com	Blank (exempted)
302.	374	Hafiz Nazir Ahmad Assistant Professor Of Stat	61101-1894791-5	Govt. Graduate College, Asghar Mall, Rawalpindi.	10.05.1964	03335190833	Nazir.malik96@gmail.com	TRAINING REQUIRED
303.	375	Muhammad Asghar Assistant Professor Of Urdu	34101-2338744-7	Govt. Islamia Graduate College Gujranwala	15-5-1964	0301-6457367	asgharanis@gmail.com	TRAINING REQUIRED

304.	376	Iftakhar Ahmad Assistant Professor Of Zoology	35200-1504377-9	Govt. Graduate Islamia College Civil Lines Lahore	20.09.1964 Lahore	03004539520	Iftikharlillah@gmail.com	TRAINING REQUIRED
305.	377	Mahmood Ul Hassan Shah Assistant Professor Of Economics	61101-72925217	Govt. Graduare College Satellite Town, Rawalpindi.	05.01.1965	03215079941	Mehmoodulhassan56@gmail.com	TRAINING REQUIRED
306.	378	Tariq Faiz Ullah Qureshi Assistant Professor Of Phy. Education		Last College Gulberg College	08.06.1965 Lahore			TRAINING REQUIRED
307.	379	Nabeel Haider Afghani Assistant Professor Of Chemistry	36601-6562748-1	Govt. Graduate College, Asghar Mall, Rawalpindi.	11.11.1965	0305-4440718	Nabilhaider.kips@gmail.com	TRAINING REQUIRED
308.	380	Dr. Munawar Maqbool Usmani Assistant Professor Of Urdu	35202-8628650-9	Govt. Islamia Graduate College, Railway Road, Lahore	03.12.1965	0321-9476768	munawarusmani07@gmail.com	TRAINING REQUIRED
309.	381	Badar Munir Assistant Professor Of Economics	35202-2945306-5	Govt. Graduate College Ravi Road Shahdara Lahore.	01.02.1966	0333-4590926	gcbshahdara@gmail.com	TRAINING REQUIRED
310.	382	Raza Ullah Assistant Professor Of Sociology			03.03.1966 RYK		Died	
311.	383	Khan Abdul Qaddus Assistant Professor Of . Psy	35202-6886458-5	Govt. Islamia Graduate College, Railway Road, Lahore	04.01.1967	0321-4403986	khanabdulqaddus@gmail.com	TRAINING REQUIRED
312.	384	Taufique Ur Rehman Assistant Professor Of Commerce	35202-2592278-5	Govt. Dyal Singh Graduate College, Lahore	28-03-1967	0321-4882161	taufique2001@yahoo.com	TRAINING REQUIRED
313.	385	Ghulam Murtaza Assistant Professor Of Math			07.04.1967			TRAINING REQUIRED
314.	386	Bashir Ahmad Assistant Professor Of Urdu	37203-9501650-5	Govt. Postgraduate College, Chakwal.	02.05.1969	03465760199	Bashirmansor69@gmail.com	TRAINING REQUIRED
315.	387	Muhammad Mushtaq Assistant Professor Of Civics			08.09.1969		Join University of Gujrat As Asso.Prof.	
316.	388	Maqsood Ahmad Assistant Professor Of Stat	36302-2729410-9	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	10.02.1970	0303-6637598	maqsoodjahanian2@gmail.com	TRAINING REQUIRED
317.	389	Khalid Mahmood Assistant Professor Of Physics	33105-0372012-7	Govt. Graduate College Samanabad Faisalabad	01.03.1970	03007209807	psa2781@gmail.com	TRAINING REQUIRED
318.	390	Irfan Ullah Khan Assistant Professor Of Economics	35200-1513909-9	Govt. Islamia Graduate College, A.I.T, Lahore	22.03.1970	0333-0370333	giccommerce@gmail.com	TRAINING REQUIRED

319.	391	Tanveer Ahmad Assistant Professor Of Physics	34202-0783701-5	Govt. Graduate College Kharian, Gujrat.	15.11.1970	0333-8516522	principalgdckh@yahoo.com	TRAINING REQUIRED	
320.	392	Muhammad Javaid Afzal Haifz Assistant Professor Of Physics	35201-3404215-7	Govt. Graduate Islamia College Civil Lines, Lahore	11.02.1972	0333-4326252	javaidphy@gmail.com	TRAINING REQUIRED	
321.	393	Mujahid Iqbal Assistant Professor Of Math	35302-2020858-1	Govt. Associate College for Boys Gogera, Okara	02.05.1972	0300-6955646	Mujahidiqbal646@gmail.com	TRAINING REQUIRED	
322.	394	Rashid Mustaq Assistant Professor Of Phy. Education	35202-1845490-1	Govt. Graduate College for Boys Gulberg, Lahore	03.12.1972	0321-8477073	rashidmushtaq786@hotmail.com	TRAINING REQUIRED	
323.	395	Muhammad Zulfiqar Ali Sheikh Assistant Professor Of Computer Sc.	36104-0451550-5	Govt. Associate College Tulamba Road, Mian Channu	18.04.1973	0300-6883752	prof.nazir19@gmail.com	TRAINING REQUIRED	
324.	396	Nazir Ahmad Assistant Professor Of Math	36104-0451550-5	Govt. Associate College Tulamba Road, Mian Channu	18.04.1973	0300-6883752	prof.nazir19@gmail.com	TRAINING REQUIRED	
325.	397	Muhammad Ajmal Assistant Professor Of Physics	32301-08916685-7	Govt. Graduate College Ali Pur	04.12.1975	0300-6743624	Profajmalkhan68@gmail.com	TRAINING REQUIRED	
326.	398	Razaq Ahmad Assistant Professor Of Chemistry	35301-0260360-1	Govt. Graduate College Sahiwal	15.01.1976	0334-4390647	razzaq.organic@gmail.com	TRAINING REQUIRED	
327.	399	Muhammad Azhar Abbas Assistant Professor Of Chemsitry			01.05.1974		Promoted as Asso.Prof. at Sen. No. 412/G		
328.	400	Nazir Ahmad Assistant Professor Of Computer Sc.	36401-4146081-9	Govt. Graduate College Sahiwal	01.05.1975	0304-6241104	nazir313@gmail.com	TRAINING REQUIRED	
329.	401	Muhammad Ajmal Assistant Professor Of Physics	Alredy mentiond at Seniortiy No.397						TRAINING REQUIRED
330.	402	Razaq Ahmad Assistant Professor Of Chemistry			15.01.1976 Okara		Already at 398	TRAINING REQUIRED	
331.	403	Salamat Ali Assistant Professor Of . Math	34101-7646672-5	Govt. Graduate College (B), Satellite Town, Gujranwala.	07-05-1977	0300-7411829	salamatcheema200020@gmail.com	TRAINING REQUIRED	
332.	404	Waqar Hussain Assistant Professor Of Chemistry	35202-8963627-3	Govt Graduate T I College Chenab Nagar	05.08.1962	0333-6700587	wazn2003@gmail.com	TRAINING REQUIRED	
333.	405	Sabir Ali Assistant Professor Of Eco.	31301-4039077-7	Govt. Graduate College, Khanpur	05.10.1962	0300-7824203	sa7824203@gmail.com	TRAINING REQUIRED	

334.	406	Zahid Hussain Khan Assistant Professor Of Math	35202- 6699448-1	Govt. Graduate College Township, Lahore	25.04.1965	0333- 4435179	Zk830700@gmail.com	TRAINING REQUIRED
335.	407	Muhammad Siddique Abid Assistant Professor Of Physics	36603- 1394318-7	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	15.06.1965	0334- 7184702	kanhan791@gmail.com	TRAINING REQUIRED
336.	408	Muhammad Shafique Assistant Professor Of Chemistry	35202- 2489097-5	Govt. Islamia Associate College (Boys), Lahore Cantt	01.05.1967	0322- 5563815	Muhammad786shafique@gmail.com	TRAINING REQUIRED
337.	409	Muhammad Ashraf Gondal Assistant Professor Of Math	38401- 4520616-1	Govt. Ambala Muslim Graduate College Sargodha	02.08.1967	0334- 7509240	safdargondal210@gmail.com	TRAINING REQUIRED
338.	410	Mujeeb Ul Islam Assistant Professor Of Pakistan Studies	35202- 2563305-7	Govt. Grautae College of Science Wahdat Road Lahore.	08.09.1967	0323- 4457535	qureshimujeeb299@gmail.com	TRAINING REQUIRED
339.	411	Sanaullah Assistant Professor Of Physics	37405- 0328927-3	Govt. Gordon Graduate College, Rawalpindi.	10.10.1967	0333546459 7	Profsanullah12@gamil.com	TRAINING REQUIRED
340.	412	Dr. Basit Ali Assistant Professor Of Physics	35202- 4148507-7	Govt. Graduate Islamia College Civil Lines, Lahore	15.02.1968	0300- 4596577	basit_nano@yahoo.com	TRAINING REQUIRED
341.	413	Zia Ul Hasanain Assistant Professor Of Physics	32203- 2061252-5	Govt. Graduate College Layyah	01.03.1968 Layyah	0334 6942324	ziakhanphysics@gmail.com	TRAINING REQUIRED
342.	414	Atta Muhammad Khosa Assistant Professor Of Physics	32103- 8743358-7	GOVT GRADUATE COLLEGE TAUNSA	01.01.1969	0333- 7031208	attamuhammad1208@gmail.com	TRAINING REQUIRED
343.	415	Iqtadar Ahmad Assistant Professor Of Pol. Science	31202- 0309167-1	Govt .Graduate College Baghdad Road Bahawalpur	05.03.1969	0333- 6387422	Iqtadarismine@gmail.com	TRAINING REQUIRED
344.	416	Nazar Farid Assistant Professor Of Commerce.	35202- 2779618-5	Govt. Islamia Graduate College, A.I.T, Lahore	15.04.1970	0322- 4039535	nzrfarid@gmail.com	TRAINING REQUIRED
345.	417	Waseem Akhtar Assistant Professor Of English	32102- 5305218-5	Deputy Director © D.G.Khan	15.05.1970	0333647717 7	wasimakhtar79@gmail.com	TRAINING REQUIRED

346.	418	Amjad Ali Bhatti Assistant Professor Of Economics	35401- 6825474-9	Govt. Islamia Graduate College, A.I.T, Lahore	07.12.1970	0300- 4153278	bhattipsc@gmail.com	TRAINING REQUIRED
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347.	419	Mabushar Siddique Assistant Professor Of Chemistry	352014962575 7	Govt. Shalimar Graduate College, Lahore.	15.12.1970	0321404586 7	mabusharsiddique@gmail.com	TRAINING REQUIRED
348.	420	Muhammad Abbas Assistant Professor Of Physics	34601- 8190931-5	Govt. Islamia Associate College Mitranwali, Daska, Sialkot.	14.04.1972	0345- 6830617	principal.inter.mtr@gmail.com	TRAINING REQUIRED
349.	421	Masood Ahmad Khan Agha Assistant Professor Of English	36302- 9334725-1	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	14.08.1972	0308- 4182482	aghamasoodkhan@gmail.com	TRAINING REQUIRED
350.	422	Nadeem Fayyaz Assistant Professor Of Geography	34101- 2416159-5	Govt. Graduate College, Asghar Mall, Rawalpindi.	25.10.1972	0321436422 9	Nadeem.fayyaz81@gmail.com	TRAINING REQUIRED
351.	423	Awais Akhtar Assistant Professor Of Pak. Study	35202- 2794384-9	Govt. Graduate College Ravi Road Shahdara Lahore.	23.06.1973	0333- 4488025	gcbshahdara@gmail.com	TRAINING REQUIRED
352.	424	Muhammad Khalid Assistant Professor Of Chemistry	34301- 6922966-1	Govt. Graduate College, Hafizabad	05.04.1974 Hafizabad	0321- 6212936	Muhammadkhaidkhan18@gmail.com	TRAINING REQUIRED
353.	425	Muhammad Zafar Javed Assistant Professor Of Physics	36501- 1869556-3	Govt. Graduate College Sahiwal	24.04.1976	0301- 7701697	mzafarjaved@gmail.com	TRAINING REQUIRED
354.	426	Amir Mahmood Assistant Professor Of Maths.	38403- 2179345-1	Govt. Associate College Chak No.90 SB Sargodha.	02.06.1977	0300- 6025002	profamirmahmood134a@gmail.com	TRAINING REQUIRED
355.	427	Allah Ditta Assistant Professor Of Economics	36402- 0818291-3	Govt. Graduate College Township, Lahore	08.12.1977	0300- 4673451	ad.tahir77@gmail.com	TRAINING REQUIRED
356.	428	Hafiz Abdul Rauf Mittha Assistant Professor Of Chemistry	35202- 2600109-7	Govt. Grautae College of Science Wahdat Road Lahore.	14.06.1978	0306- 4493389	hafizuet14@gmail.com	TRAINING REQUIRED
357.	429	Mansoor Ahmad Assistant Professor Of Pol. Sc.	36302- 0487025-7	Govt. Millat Associate College, Mumtaz abad, Multan	02.05.1979	0300- 6357960	qazimansoor086@gmail.com	TRAINING REQUIRED
358.	430	Mirza Mahid Baig Assistant Professor Of Commerce	35404- 0236196-3	Govt. Graduate College, Civil Lines, Sheikhpura.	29.01.1980	0343- 8884888	mahidbaig@gmail.com	TRAINING REQUIRED
359.	431	Muhammad Imran Abid Assistant Professor Of Physics	38403- 2177032-9	Govt. Ambala Muslim Graduate College Sargodha	02.04.1980	0321- 6007223	gravity143@gmail.com	TRAINING REQUIRED
360.	432	Iqbal Mohsin Assistant Professor Of Sociology	31202- 8575926-5	Govt. S.E Graduate College, Bahawalpur	01.09.1962	0301- 7708161	attiyaiqbal92@gmail.com	

361.	434	Thomas Falak Sher Assistant Professor Of Urdu	33203-4839824-5	Govt. Graduate College Jhang	20.01.1965	0342-8159221	gpc.jhang@gmail.com	TRAINING REQUIRED
362.	435	Muhammad Fayyaz Assistant Professor Of Islamiat	38401-0213421-3	Govt. Graduate College Bhalwal (Sargodha)	22.12.1966	0321-7008646	gc.boys.bhalwal.hed@gmail.com	TRAINING REQUIRED
363.	436	Muhammad Ashraf Hashmi Assistant Professor Of Botany	35201-1204650-9	Govt. Islamia Graduate College, Railway Road, Lahore	12.02.1967	0300-4262361	20.hashmi.1968@gmail.com	TRAINING REQUIRED
364.	437	Ghulam Abbas Assistant Professor Of Chemistry	33202-1230180-5	Government Graduate College Jhang	17.04.1967 Jhang	0306-7698987	bharwana73@gmail.com	TRAINING REQUIRED
365.	438	Muhammad Akram Assistant Professor Of Economics	38403-3685754-3	Govt. Associate College Shahpur Sadar Distt Sargodha	10.03.1969	03009602150	akrammian188@gmail.com akram.mian77@yahoo.com	TRAINING REQUIRED
366.	439	Muhammad Sabir Assistant Professor Of Physics	36601-1603523-3	Govt. Graduate College Multan Road Burewala	01-04-1970 Vehari	0334-7794250	m.sabir36601@gmail.com	TRAINING REQUIRED
367.	440	Khalid Mahmood Malik Assistant Professor Of Phy.Edu.	32202-2555432-5	Govt. Graduate College Karor Lal Eson (Layyah)	01.03.1971	03064949381	khalidsamtiah@gmail.com Principal.gcb.karor@gmail.com	TRAINING REQUIRED
368.	441	Ali Rehan Munir Assistant Professor Of Geography	33100-3337996-9	Govt. Graduate College Samanabad Faisalabad	11.06.1971	03007912408	rehanmunir123@gmail.com	TRAINING REQUIRED
369.	442	Muhammad Asghar Assistant Professor Of Computer Sc.	31302-2116907-1	Govt. S.E Graduate College, Bahawalpur	20.09.1971	0306-9385103	m.asgharazeem@gmail.com	TRAINING REQUIRED
370.	443	Muhammad Asif Assistant Professor Of Chemistry	31202-0275576-1	Govt. S.E Graduate College, Bahawalpur	04.01.1972	0300-6809171	asif1972222@gmail.com	TRAINING REQUIRED
371.	444	Irshad Hussain Malik Assistant Professor Of Economics	32304-5104140-3	Emerson University Multan	01.06.1972	03007339301	irshadmalikeco72@gmail.com	TRAINING REQUIRED
372.	445	Qamar Hafeez Assistant Professor Of Philosophy	34101-0655025-1	Govt. Graduate Islamia College Civil Lines, Lahore	15.02.1973	0345-4710786	giccllahore@gmail.com	TRAINING REQUIRED
373.	446	Muhammad Asad Assistant Professor Of Computer Sc.	38101-0665925-3	Govt. Associate College Behal, Bhakkar	14.03.1973	0333-8904665	asadisran2003@gmail.com.	TRAINING REQUIRED
374.	447	Gohar Saeed Assistant Professor Of Economics	35102-9853776-3	Govt. Islamia Graduate College Kasur	02-07-1973	0333-4946313	Csab836@gmail.com	TRAINING REQUIRED

375.	448	Muhammad Tufail Assistant Professor Of Persian	371050246755 1	Govt. Graduate College Civil Lines, Khanewal	26.03.1974	0305665614 3	apmtufail@gmail.com	TRAINING REQUIRED
376.	449	Muhammad Asif Assistant Professor Of English	32102- 0978085-9	Ghazi University D.Khan	15.06.1974	0307- 5400996	uasif@gudgk.edu.pk	TRAINING REQUIRED
377.	450	Waseem Mahmood Assistant Professor Of History	33100- 0928788-1	Govt. Graduate College Samanabad Faisalabad	10.08.1974	0333- 4618658	waseem.mehmood214@gmail.com	TRAINING REQUIRED
378.	451	Muhammad Ajmal Assistant Professor Of Physics	32303- 1212418-1	Govt. Graduate College Chowk Sarwar Shaheed	15.01.1975	0300- 4483157	muhammadajmal033@gmail.com	TRAINING REQUIRED
379.	452	Dr. Masroor Sibtain Assistant Professor Of English	36302- 0465219-5	Govt. Graduate College of Science, Multan.	10.04.1975	0300- 6380578	masroorsibtain@gmail.com	TRAINING REQUIRED
380.	453	Kosar Abbas Assistant Professor Of Statistics	37201- 1672760-1	Govt.Postgraduate College, Chakwal.	06.05.1975	0333- 5907541	kausarabass@gmail.com	TRAINING REQUIRED
381.	454	Irfan Nazir Assistant Professor Of Economics	34101- 2416159-5	Govt.Graduate College, Asghar Mall, Rawalpindi.	22.06.1975	0300- 95057742	Irfan.nazir75@gmail.com	TRAINING REQUIRED
382.	455	Muhammad Afzal Khan Assistant Professor Of Physics	38302- 1153457-9	Govt. Graduate College Mianwali	01.04.1976 Mianwali	0345- 5838918	gc.boys.mianwali.hed@gmail.com	TRAINING REQUIRED
383.	456	Shabir Hussain Assistant Professor Of Commerce			01.09.1976			TRAINING REQUIRED
384.	457	Muhammad Amjad Assistant Professor Of Chemistry	38403- 2206560-3	Govt.Associate College Jhawarian (Sargodha)	04.04.1977	301- 6750552	Gc.boys.jhawarian.hed@gmail.com	TRAINING REQUIRED
385.	458	Sharafat Ali Assistant Professor Of Economics	32202- 2494224.5	Govt. Graduate College Kot Sultan, Layyah	06.12.1977	0323- 7107107	Sharafat.ali.rana@gmail.com	TRAINING REQUIRED
386.	459	Musarrat Abbas Qureshi Assistant Professor Of Botany	32103- 9045080-3	GOVT GRADUATE COLLEGE TAUNSA	12.12.1977	0333- 8589083	Malikazainab92@gmail.com	TRAINING REQUIRED
387.	460	Muhammad Shafi Sahib Assistant Professor Of History	35200- 1738938-7	Govt. Shalimar Graduate College, Lahore.	01.11.1978	0321- 4612557	shafiisahib@gmail.com	TRAINING REQUIRED
388.	461	Dr. Khurram Assistant Professor of Chemistry	35202-702147- 7	Govt. Graduate College Ravi Road Shahdara Lahore.	01.09.1979	0332- 4460494	gcbshahdara@gmail.com	TRAINING REQUIRED
389.	462	Ibrar Hussain Assistant Professor Of Physics	37402- 0951491-9	Govt. Gordon Graduate College, Rawalpindi.	01.01.1964	0301- 5375150	Ibrarhussain99@hotmail.com	TRAINING REQUIRED

390.	463	Abdul Hafeez Assistant Professor Of Economics	38403- 6021241-1	Govt. Graudate College Jauharabad	14-10-1964	0300- 6039401	ASFAR1651@gmail.com	TRAINING REQUIRED
391.	464	Rehmul Qadir Assistant Professor Of Psychology		Govt. Hashmat Ali Isl. Coll.Rwp.	01.11.1964		Already promoted as Asso.Prof. at Sen.No.937/G	
392.	465	Altaf Hussain Assistant Professor Of Pol.Sc	36304- 6229692-9	Govt. Willayat Hussain Islamia Graduate College, Multan.	20.05.1965	0303- 3346767	principal.0361104@gmail.com	TRAINING REQUIRED
393.	466	Munir Ahmad Assistant Professor Of Physics	38201- 1252685-1	Govt. Graudate College Jauharabad	08-12-1965	0301- 6341891	rajamunirahmed1004@gmail.com	TRAINING REQUIRED
394.	467	Masood Rafiq Assistant Professor Of Statistics	35202- 8419886-5	Govt. Graduate College, Model Town, Lahore	13.10.1966	0321- 4438356	gcmodeltown@gmail.com	TRAINING REQUIRED
395.	468	Muhammad Akram Assistant Professor Of Pakistan Studies(M-Phil Political Sc	35202- 6490014-3	Govt. Graduate Islamia College Civil Lines, Lahore	04.05.1967	0300- 9460017	m.akram01@hotmail.com	TRAINING REQUIRED
396.	469	Faqir Muhammad Aslam Rana Assistant Professor Of English			23.03.1968 sahiwal		Moved to Qatar	TRAINING REQUIRED
397.	470	Azhar Hussain Syed Assistant Professor Of Education	38403- 2670081-9	Govt. Ambala Muslim Graduate College Sargodha	14.06.1968	0321- 5254398	drazhar118@yahoo.com	TRAINING REQUIRED
398.	471	Muhammad Amir Ali Assistant Professor Of English	35202- 8870798-3	Govt. Graduate College Township, Lahore	16.09.1968	0301- 4453029	abdfateh1204@gmail.com	TRAINING REQUIRED
399.	472	Muhammad Atiq Kamboh Assistant Professor Of Psychology	36502- 1385198-1	Govt. Graduate College Sahiwal.	30.12.1968	0321- 6927803	matiqkambogh@gmail.com	TRAINING REQUIRED
400.	473	Ishtiaq Hussain Cheema Assistant Professor Of Pak. St.	31104- 8101585-7	Posted at Higher Education Lahore Ex-Deputy Director college Bahawalnagar.	01.04.1969	033470172 46	Ishtiaqcheema.hed@gmail.com	TRAINING REQUIRED
401.	474	Naveed Irfan Assistant Professor Of Pak. Studies	35202- 3029921-5	Govt. Graduate College Township, Lahore	21.01.1970	0300- 4236292 0333- 4523930	4naveedirfan@gmail.com	TRAINING REQUIRED
402.	475	Athar Chaudhry Assistant Professor Of Psychology	34603- 2314617-5	Govt. Murray Graduate College Sialkot	25.02.1970	0333- 8633695	atharmoman@gmail.com	TRAINING REQUIRED
403.	476	Prof. Waqar Azeem Assistant Professor Of English	35202- 2868903-7	Govt. Graduate College Ravi Road Shahdara Lahore.	02.06.1970	0300- 4319996	gcbshahdara@gmail.com	TRAINING REQUIRED

404.	477	Fazal Rahim Assistant Professor Of Economics	36601- 1624860-9	Govt. Graduate College Multan Road Burewala	11-11-1970 Vehari	0345- 7093010	fazalrahimgc@gmail.com	TRAINING REQUIRED
405.	478	Abdul Rehman Assistant Professor Of Computer Sc.	31102- 0602197-9	Govt. Graduate College Chishtian	01.01.1971	0300- 6986284	rehman.ctn1@gmail.com	TRAINING REQUIRED
406.	479	Kashif Sohail Assistant Professor Of Pak. St	361039337816 1	Govt. Graduate College Civil Lines, Khanewal	13.03.1971	0300689900 4	Kashifsohail69@yahoo.com	TRAINING REQUIRED
407.	480	Hafiz Dr. Mansoor Ahmad Assistant Professor Of Persian	35301- 9020807-9	University of Sargodha	23.10.1970 Okara		University of Sargodha	TRAINING REQUIRED
408.	481	Ali Abbas Shah Assistant Professor Of English	33203- 1329586-9	Government Graduate College Garh Maharaja, Ahmad Pur Sial Jhang	05.02.1972 / Jhang	0333- 6997638	alishahhhh@gmail.com	TRAINING REQUIRED
409.	482	Babar Rafiq Assistant Professor Of Statistics	33100- 4787758-7	GOVT.ASSOCIATE COLLEGE 41/J.B.FAISALABAD	20.03.1975	0300- 9664865	babarstat@gmail.com	TRAINING REQUIRED
410.	483	Amjad Hafeez Assistant Professor Of English	32303- 2507387-5	Govt. Graduate College Kot Addu	02.07.1976 M.Garh	0345- 4757777	theamjadhafeez@gmail.com	TRAINING REQUIRED
411.	484	Saqib Aftab Assistant Professor Of English	31203- 1721454-3	Govt.Graduate College, Asghar Mall, Rawalpindi.	02.08.1976	0300- 4641577	Prof.saqibaftab@gmail.com	TRAINING REQUIRED
412.	485	Muhammad Mahdi Assistant Professor Of Physics	35202- 2697518-7	Government Associate College (Boys) Raiwind, Lahore	02.03.1979	0300- 4783201	raastbaaz@gmail.com	TRAINING REQUIRED
413.	486	Muhammad Tayyab Assistant Professor Of . History	37405- 0326757-5	Govt. Graduare College Satellite Town, Rawalpindi.	30.11.1979	0334544741 6	gestown.pndi@gmail.com	TRAINING REQUIRED
414.	487	Shahzada Bakhtiar Amir Assistant Professor Of Botany	31102- 9013004-1	Govt. Graduate College Chishtian	21.06.1980	0300- 6804818	shahzadabotany@gmail.com	TRAINING REQUIRED
415.	488	Muhammad Ashraf Assistant Professor Of English			12.06.1963		Did not join direct selection see at 1885/G as AP	TRAINING REQUIRED
416.	489	Muhammad Sarwar Assistant Professor Of Phy. Edu.	35202- 2756303-5	Govt. M.A.O. Graduate College, Lahore.	16.01.1964	0331- 6404197	Chsarwar09@gmail.com	TRAINING REQUIRED
417.	490	Zulfiqar Ali Assistant Professor Of Statistics	34102-0465987- 1	Govt. Graduate College (B), Satellite Town, Gujranwala.	15-09-1964	0322- 5563810	zulfiqarkmk@gmail.com	TRAINING REQUIRED
418.	491	Muhammad Ijaz Assistant Professor Of Statistics	35302- 1986851-1	GOVT.ASSOICATE COLLEGE OKARA	15.09.1966 Khanewal	0300- 4817075	raomijaz481@gmail.com	TRAINING REQUIRED

419.	492	Iftikhar Ul Haq Assistant Professor Of Chemistry	35101- 2475238-7	Govt. Graduate College for Boys Chunian District Kasur.	01.11.1967	0300- 4283757	iftikharchemist@gmail.com	TRAINING REQUIRED
420.	493	Ch. Muhammad Sabir Assistant Professor Of Statistics	35201- 1410636-7	Govt. Graduate College of Science Wahdat road Lahore	26.09.1968	0333- 4403687	sbsabirch@gmail.com	TRAINING REQUIRED
421.	494	Muhammad Akhtar Nadeem Assistant Professor Of English	36104- 0481808-1	Govt. Associate College, Civil Lines, Multan.	01.04.1970	0302- 4689209	akhtarnadeem16053@gmail.com	TRAINING REQUIRED
422.	495	Rana Sana Ullah Assistant Professor Of Pol.Sc	36302- 1516095-9	Govt. Willayat Hussain Islamia Graduate College, Multan.	27.04.1970	0301- 7476400	principal.0361104@gmail.com	TRAINING REQUIRED
423.	496	Syed Ali Baqar Assistant Professor Of History	38401- 0345434-5	PRINCIPAL, GOVT. ASSOCIATE COLLEGE, BHERA (SARGODHA)	15.01.1971	0345- 8655572	naqvi201214@gmail.com	TRAINING REQUIRED
424.	497	Imran Shabbir Assistant Professor Of Chemistry	35202- 4372123-5	Govt. Dyal Singh Graduate College, Lahore	01-03-1971	0300- 8032820	imranshabbir1971@gmail.com	TRAINING REQUIRED
425.	498	Rashid Ahmad Assistant Professor Of English	36401- 0911205-9	Govt. Associate College Arifwala	4-06-1971	0300875736 2	rashidahmadgужjar@gmail.com	TRAINING REQUIRED
426.	499	Syed Khurram Wasti Assistant Professor Of Economics	35202- 6490014-3	Govt. Graduate Islamia College Civil Lines, Lahore	04.05.1967	0300- 9460017	m.akram01@hotmail.com	TRAINING REQUIRED
427.	500	Ijaz Nasir Assistant Professor Of History	33100- 0586301-7	Govt. Municipal Graduate College, Jaranwala Road, Faisalabad.	17.02.1974	0300- 9656681	profijaznasir@gmail.com	TRAINING REQUIRED
428.	501	Muhammad Mazher Hussain Assistant Professor Of English	36601- 1630586-9	Govt. Graduate College Multan Road Burewala	06-03-1975 Vehari	0300- 6991267	mazherhussain267@gmail.com	TRAINING REQUIRED
429.	502	Khalid Bilal Assistant Professor Of Botany	35202- 3169719-5	Govt. Graduate College Layyah	24.08.1975 Layyah	0300 4284979	kmailta@gmail.com	TRAINING REQUIRED
430.	503	Ghulam Mujtaba Yasir Assistant Professor Of English	32102- 0702388-7	Ghazi University D.G. Khan	01.01.1976	0333560830 3	ghulammujtabayasir@gmail.com	TRAINING REQUIRED
431.	504	Muhammad Sabir Assistant Professor Of Economics	37203- 6467930-3	Govt. Associate College Talagang, Chakwal.	10.09.1977	0333558615 7	Professor197724@gmail.com	TRAINING REQUIRED
432.	505	Kamal Ud Din Assistant Professor Of Economics	32102- 7695030-3	Govt. Graduate College Block- 17, DG Khan	01.03.1979	0333649872 7	kamallakhesar@gmail.com	TRAINING REQUIRED
433.	506	Muhammad Zulfiqar Assistant Professor Of Economics	37405- 8381476-9	Govt. Gordon Graduate College, Rawalpindi.	20.03.1965	0321516062 8	Zulfiqarsheikh786@gmail.com	TRAINING REQUIRED

434.	507	Muhammad Tariq Hassan Malik Assistant Professor Of . English			30.06.1967		Resigned HED 11-11-2019	
435.	508	Nadeem Sohail Assistant Professor Of Economics			04.11.1967		He has relieved from HED joined as Asso.Prof. of Economics at GCU.Fsd.	
436.	509	Abdul Rehman Assistant Professor Of Botany	31303-2411609-7	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	03-03-1968	0333-7437798	abdulrehman_ap@yahoo.com	TRAINING REQUIRED
437.	510	Dr.Sajid Ali Assistant Professor Of English	33100-7662070-5	Waiting posting at HED	15.04.1969	0332745683 8/03006611 960	Prof.sajidali@gmail.com	TRAINING REQUIRED
438.	511	Mujahid Sajjad Assistant Professor Of English	36601-1573833-3	Govt. Graduate College Multan Road Burewala	15-07-1969 Vehari	0300-6993551	mujahidsajjad7@gmail.com	TRAINING REQUIRED
439.	512	Khalil Mudassar Assistant Professor Of Economics	31202-6480547-9	Govt. S.E. Graduate College Bahawalplur	08.08.1969	0300 7738600	Khalil.mudessar@hotmail.com	TRAINING REQUIRED
440.	513	Muhammad Ajmal Assistant Professor Of Chemistry	34101-2553347-1	Govt. Graduate College (B), Satellite Town, Gujranwala.	07-11-1969	0300-7521322	ajmalchemist69@gmail.com	TRAINING REQUIRED
441.	514	Aamir Yaqub Assistant Professor Of English	33100-6476356-7	Govt. Graduate College of science Fsd	16.10.1970	0300-7601203	aamiryaqub1@yahoo.com	TRAINING REQUIRED
442.	515	Muhammad Amir Chaudhry Assistant Professor Of English	35201-7023827-5	Govt. Dyal Singh Graduate College, Lahore	20-04-1971	0321-4055926	maamirch1971@gmail.com	TRAINING REQUIRED
443.	516	Nasir Iqbal Assistant Professor Of English	38302-1167617-5	Govt. Graduate College Mianwali	05.07.1971 Mianwali	0333-6833013	gc.boys.mianwali.hed@gmail.com	TRAINING REQUIRED
444.	517	Muhammad Khalid Assistant Professor Of English			06.07.1971 Layyah		Died Layyah	
445.	518	Faisal Abbas Hashmi Assistant Professor Of Pol. Science	36302-0417427-9	Govt. Associate College, Civil Lines, Multan.	10.12.1971	0300-6372325	faisalcivics@gmail.com	TRAINING REQUIRED
446.	519	Jafar Masood Khan Tahir Assistant Professor Of English	38201-8603575-1	Govt. Graduate College Jauharabad	10-05-1972	0301-3055535	jafarmasoodkhan@gmail.com	TRAINING REQUIRED
447.	520	Abdul Ghaffar Assistant Professor Of Botany	36302-4344520-5	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	01.01.1973	0345-7215052	abdulghaffar467@yahoo.com	TRAINING REQUIRED

448.	521	Kamran Naseem Assistant Professor Of Pol. Science	37405-0432230-1	Govt. Gordon Graduate College, Rawalpindi.	28.03.1973	03005389902	Kamrann43@gmail.com	TRAINING REQUIRED
449.	522	Sharaz Ahmad Bhatti Assistant Professor Of Economics	35202-2308828-7	Govt. Graduate College, Model Town, Lahore	25.04.1973	0321-4048445	gcmodeltown@gmail.com	TRAINING REQUIRED
450.	523	Muhammad Riaz Assistant Professor Of Economics	37405-9038213-1	Govt. Hashmat Ali Islamia Associate College, Rawalpindi.	05.07.1973	03338463177	Muhammadriaz2001pk@gmail.com	TRAINING REQUIRED
451.	525	Muhammad Bilal Ashraf Assistant Professor Of English	36502-1349269-5	Govt. Graduate College Sahiwal	20.02.1974	0300-6567899	bilalbajwa999@gmail.com	TRAINING REQUIRED
452.	526	Umair Ghani Assistant Professor Of Pol. Science	3230415755371	Govt. Graduate College, Muzaffargarh	19.04.1974	0333-6363432	umairghanibhatti@gmail.com	TRAINING REQUIRED
453.	527	Syed Hammad Ur Rahman Assistant Professor Of English	36302-0460879-3	Govt. Willayat Hussain Islamia Graduate College, Multan.	10.01.1975	0300-6368234	hammad.hed@gmail.com	TRAINING REQUIRED
454.	528	Muhammad Tariq Shehzad Assistant Professor Of Chemistry	36302-4114228-1	Emerson University Multan	05-12-1975	03346070969	tariqshehzad516@yahoo.com	TRAINING REQUIRED
455.	529	Irfan Azam Assistant Professor Of Computer Science.	31202-0341116-5	Govt. Graduate College B.R. Bahawalpur.	05.04.1977	0333-6376292	Mrbahawalpur79@gmail.com	TRAINING REQUIRED
456.	530	Faisal Arshad Malik Assistant Professor Of Botany			04.03.1978		Double Seniority Number data available are on Seniority No. 259/G. Selection as Assistant Professor of Botany.	TRAINING REQUIRED
457.	532	Muhammad Khaqan Amin Assistant Professor Of Chemistry	35202-3063308-3	Govt. Dyal Singh Graduate College, Lahore	20-09-1962	0300-4271778	khaqan_amin@hotmail.com	TRAINING REQUIRED
458.	533	Muhammad Yousaf Zia Assistant Professor Of Arabic	31304-2096858-1	Govt. Associate College Sadiqabad	01.04.1967 R. Y. Khan	0302-7614727	myousafzia18@gmail.com	TRAINING REQUIRED
459.	534	Ghulam Murtaza Assistant Professor Of Pol. Science .	33203-1410183-3	Govt. Graduate College Shorkot City	10.01.1968 / Jhang	0300-7507285	gshorkot.jhang@gmail.com	TRAINING REQUIRED
460.	535	Tariq Javed Assistant Professor Of Chemistry	37203-8322186-1	Govt. Associate College Talagang, Chakwal.	01.01.1969	03015776268	tariqjavedchem@gmail.com	TRAINING REQUIRED

461.	536	Shahzad Qadir Malik Assistant Professor Of English	31304-4184496-5	Govt. Associate College Sadiqabad	04.09.1969 R. Y.Khan	0333-7463868	shahzadqadirmalik@gmail.com	TRAINING REQUIRED
462.	537	Nadeem Safdar Assistant Professor Of Math.	37405-3541228-5	Govt. Graduate College, Asghar Mall, Rawalpindi.	13.05.1970	0331538063 9	Nadeem.safdar.math@gmail.com	TRAINING REQUIRED
463.	538	Nayab Ali Syed Assistant Professor Of Chemistry	35202-0731263-7	Govt. Graduate Islamia College Civil Lines, Lahore	09.09.1970	0333-4379343	giccllahore@gmail.com	TRAINING REQUIRED
464.	539	Muhammad Hamid Assistant Professor Of Sociology	35302-1931861-7	GOVT.ASSOICATE COLLEGE OKARA	17.08.1971 Okara	0333-6969551	Profhamid6969551@gmail.com	TRAINING REQUIRED
465.	540	Saghir Iqbal Assistant Professor Of Education	34602-0703670-7	Govt. FMF Graduate College Peoples Colony, Gujrawnala	05.05.1972	0331-7144742	imsaghiriqbal@gmail.com	TRAINING REQUIRED
466.	541	Muhammad Azam Assistant Professor Of English	38201-8603575-1	Govt. Graudate College Jauharabad	21.04.1973	0301-677271-1	muhamadazamkandan@gmail.com	TRAINING REQUIRED
467.	542	Muhammad Amjad Malik Assistant Professor Of English	36302-6411790-7	Govt. Associate College, Civil Lines, Multan.	01.01.1974	0346-7030737	amjadmalik8338@gmail.com	TRAINING REQUIRED
468.	543	Tahir Mahmood Assistant Professor Of English			01.06.1974 Narowal	0300776611 0	Resigned from service	
469.	544	Asif Rasool Mirza Assistant Professor Of Arabic	35402-2018104-9	Govt.G.N.Graduate College Nankana Sahib	08.08.1975	0306-4141743	Azzamasif9@gmail.com	TRAINING REQUIRED
470.	545	Muhammad Hussain Assistant Professor Of History	35202-7854353-9	Govt. Graduate College Township, Lahore	18.01.1976	0333-4317618	hussain140.hm@gmail.com	TRAINING REQUIRED
471.	546	Muhammad Saeed Assistant Professor Of Chemistry	36501-9883868-9	Govt. Associate College for Boys , Chichawatni	03.07.1976	0333-6898234	msaeedch15@gmail.com	TRAINING REQUIRED
472.	547	Munawar Abbas Assistant Professor Of Botany	32203.3918411 .9	Govt. Graduate College Kot Sultan, Layyah	02.01.1977	0305-5954400	Munawarabbas0606@gmail.com	TRAINING REQUIRED
473.	548	Muhammad Iftikhar Akram Assistant Professor Of Geography	35303-2056707-7	GOVT.ASSOICATE COLLEGE OKARA	04.04.1977 Okara	0333-6988231	iftikharakram2002@gmail.com	TRAINING REQUIRED
474.	549	Manzoor Hussain Assistant Professor Of Economics	33302-2214963-3	Govt. Graduate College Kamalia.	01.10.1977	0300-7713738	manzoorhussainjoya@gmail.com	TRAINING REQUIRED
475.	550	Saleem Akhtar Assistant Professor Of Chemistry	31302-6267717-9	Govt. Graduate College, Khanpur	06.03.1978	0305-7603725	saleemkhan3458@gmail.com	TRAINING REQUIRED

476.	551	Javed Iqbal Assistant Professor Of Botany	38101-0683572-5	Govt Associate College for Boys Mankera Bhakkar	25.05.1979 Bhukkar	0333684440 9	gene.javed@gmail.com	TRAINING REQUIRED
477.	552	Muhammad Jamil Assistant Professor Of Botany			10.02.1980 Vehari		Joined Islmia university bahawalpur	TRAINING REQUIRED
478.	553	Ali Babur Assistant Professor Of English	33104-1645934-9	Govt. Graduate College Jaranwala	15.03.1980	0300-7608989	Alibabur.eng@gmail.com	TRAINING REQUIRED
479.	554	Ghulam Shabbir Saqib Assistant Professor Of English	36302-9491813-9	Govt. Graduate College Sahiwal	25.11.1980	0300-6930590	profshabbirsaqib@gmail.com	TRAINING REQUIRED
480.	555	Jaffar Ali Assistant Professor Of Botany	34101-7897886-5	Govt. Graduate College (B), Satellite Town, Gujranwala.	15-02-1965	0300-7401580	jaffargrw@gmail.com	TRAINING REQUIRED
481.	556	Muhammad Anwar Assistant Professor Of Geography	36502-3876160-7	Emerson University Multan	13.04.1966	0300633951 0	Prof.anwar66@gmail.com	TRAINING REQUIRED
482.	557	Ghulam Mustafa Assistant Professor Of English	32303-9834276-7	Govt. Graduate College Kot Addu.	08.12.1968 M. Garh	0333-3005629	profghulammustafakhar@gmail.com	TRAINING REQUIRED
483.	558	Muhammad Naeem Zulfiqar Assistant Professor Of Chemistry	32402-3112079-9	Ghazi University / Defunct Govt. Postgraduate College D.G. Khan	20.01.1969	0333646690 4	Mnaeem6904@gmail.com	TRAINING REQUIRED
484.	559	Muhammad Riaz Mughal Assistant Professor Of Chemistry	34601-3862708-3	Govt. Jinnah Islamia Gradudate College Sialkot	05.04.1969 Sialkot	0331-4764344	riazmughalchem@gmail.com	TRAINING REQUIRED
485.	560	Naveed Hussain Assistant Professor Of Chemistry	34101-6538645-3	Govt. Graduate College (B), Satellite Town, Gujranwala.	10-04-1969	0341-6919750	naveed464@gmail.com	TRAINING REQUIRED
486.	561	Sohail Ahmad Assistant Professor Of Chemistry	34501-1962720-5	Govt. Graduate College Zafarwal	15.04.1969	0336-7440834	sk184583@gmail.com	TRAINING REQUIRED
487.	562	Khurshid Ahmad Khan Rana Assistant Professor Of History		Govt. Ghazali College, Jhang	14.09.1969		On Study leave	TRAINING REQUIRED
488.	563	Muhammad Shahid Tanveer Assistant Professor Of Phy. Education	34502-1579689-9	Govt. Graduate College Zafarwal	10.03.1970	0300-4216202	deg.clg.boys.zfl@gmail.com	TRAINING REQUIRED
489.	564	Azhar Majeed Qureshi Assistant Professor Of Education	352023315848 9	University of Education, Lower Mall Campus Lahore	17.03.1970	0334975086 1	azhar.majeed@ue.edu.pk	TRAINING REQUIRED
490.	565	Syed Qasim Ali Shah Assistant Professor Of History	33201-6591406-1	Govt Graduate T I College Chenab Nagar	23.03.1970	0333-6711431	Syedqasimalishah92@gmail.com	TRAINING REQUIRED

491.	566	Shahid Riaz Assistant Professor Of Economics	35202- 3032361-3	Govt. Dyal Singh Graduate College, Lahore	16-05-1970	0321- 8892401	mshahidriaz123@gmail.com	TRAINING REQUIRED
492.	567	Amir Ali Assistant Professor Of Chemistry	35202- 2334504-9	Govt. Graduate College Township, Lahore	11.10.1971	0333- 4438134	proff.amir@gmail.com	TRAINING REQUIRED
493.	568	Naeem Shahid Assistant Professor Of Pol. Science, Principal	36302- 9553360-3	Government Associate College, Makhdoom Rasheed, Multan.	02.01.1973	0318- 898946-9	profnaaeemm@gmail.com . Prof-naeem@Hotmail.com	TRAINING REQUIRED
494.	569	Muhammad Abid Hussain Assistant Professor Of English	36601- 2942151-5	Govt. Graduate College Multan Road Burewala	04-01-1973 Vehari	0300- 7590200	abidzia200@gmail.com	TRAINING REQUIRED
495.	570	Muhammad Shafique Assistant Professor Of Chemistry	35202- 9487970-7	Govt. Dyal Singh Graduate College, Lahore	25-4-1973	0300- 4411819	mshafique732@gmail.com	TRAINING REQUIRED
496.	571	Aamer Ali Assistant Professor Of Sociology	38401- 6598448-9	Govt. Ambala Muslim Graduate College Sargodha	30.11.1973	0300- 6066260	profaamer15@gmail.com	TRAINING REQUIRED
497.	572	Timoor Hasan Assistant Professor Of Urdu	35202- 0457045-5	Govt. Graduate College of Science Wahdat road Lahore	21.03.1974	0321- 4481811		TRAINING REQUIRED
498.	573	Naseer Hussain Malik Assistant Professor Of English			16.04.1974			TRAINING REQUIRED
499.	574	Athar Munir Assistant Professor Of English	36103- 1636173-3	Govt Emerson College Multan	01.05.1974 Khanewal	0333- 6894401	atharmunirsiddiqui1974@gmail.com	TRAINING REQUIRED
500.	575	Abid Hussain Assistant Professor Of English			10.04.1975 Multan		Died	
501.	576	Wajahat Majeed Khan Assistant Professor Of Geography	31101- 1658015-5	Govt. Graduate College Bahawalnagar	22.06.1975	0301- 8690755	g.c.bahawalngar.hed@gmail.com	TRAINING REQUIRED
502.	577	zafar maqbool khan Assistant Professor Of English	35202- 9218343-5	Govt. M.A.O. Graduate, College, Lahore	11.08.1975	0300- 4653325	zafarakanmao@gmail.com	TRAINING REQUIRED
503.	578	Ausaf Ali Assistant Professor Of Phy. Education	35202- 3445826-3	Govt. Gradutae College, Model Town, Lahore	20.10.1964	0300- 4468323	gcmodeltown@gmail.com	TRAINING REQUIRED
504.	579	Zahid Sharif Chaudhry Assistant Professor Of Chemistry	35202- 2651934-9	Govt. Graduate College of Science Wahdat road Lahore.	25.10.1968	0300- 4614627	prof.zahid613@gmail.com	TRAINING REQUIRED

505.	580	Atique Younas Malik Assistant Professor Of Commerce.	35201- 3072173-1	Govt. Khawaja Rafique Shaheed Graduate College, Walton Road, Lahore.	18.02.1969	0321- 4125252	atique.younas62@gmail.com	TRAINING REQUIRED
506.	581	Mahboob Ahmad Raza Assistant Professor Of Commerce.	35202- 8960969-1	Govt. Islamia Graduate College, A.I.T, Lahore	24.06.1969	0321- 4931828	mehboobahmadraza69@gmail.com	TRAINING REQUIRED
507.	582	Ijaz Ahmad Goraya Assistant Professor Of English	33301- 0393702-1	Govt. Graduate College Gojra	10.04.1970	0334- 6401678	IjazAhmadGoraya1678@gmail.com	TRAINING REQUIRED
508.	583	Shahid Mahmood Khan Assistant Professor Of English	33301- 0393702-1	Govt. Graduate College Samanabd, Faisalabad	06.02.1972	03017289 660	shahidmkhan672@gmail.com	TRAINING REQUIRED
509.	584	Saeed Ahmad Assistant Professor Of Computer Sc.	31303- 8286388-3	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	03-03-1973	0334- 7315654	saeedcdkfcryk@gmail.com	TRAINING REQUIRED
510.	585	Masood Javed Assistant Professor Of Economics	35403- 9045706-1	Govt. Graduate College Sheikhupura	15.04.1973 Sheikhupura	0301408753 7	Masoodtoor73@gmail.com	TRAINING REQUIRED
511.	586	Muhammad Ali Raja Assistant Professor Of Social Work	33100- 8069953-5	Govt. Graduate College Jauharabad	20.11.1973	0333- 6812674	hialraja@gmail.com	TRAINING REQUIRED
512.	587	Ghulam Zakria Assistant Professor Of Pol. Science	36602-0986194- 9	Government Associate College, Nafay CNG Pump, Multan Road, Mailsi	15-01-1974 Vehari	0300- 7733073	gcmailsi@gmail.com	TRAINING REQUIRED
513.	588	Muhammad Asif Nazar Assistant Professor Of Social Works	38403- 2108091-3	Govt. Associate College Farooka Tehsil Sahiwal District Sargodha	26.02.1974	0302- 6275757	masifnazar57@gmail.com	TRAINING REQUIRED
514.	589	Mahmood Ul Hassan Assistant Professor Of Chemistry	31201- 7730255-7	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	04-04-1975	0333- 6355735	mahmoodmastoi55@gmail.com	TRAINING REQUIRED
515.	590	Muhammad Asjad Assistant Professor Of Chemistry			15.05.1976			TRAINING REQUIRED
516.	591	Muhammad Fahim Assistant Professor Of Computer Sc.	36302- 6484194-3	Govt. Graduate College Multan Road Burewala	18.01.1977 Multan	0300- 7742526	Prof.fahim@yahoo.com	TRAINING REQUIRED
517.	592	Tanveer Hameed Assistant Professor Of Phy. Education	33104- 9871512-7	Govt. Municipal Graduate College, Jaranwala Road, Faisalabad.	04.05.1979	0321- 7815000	tanveerhameed1979@gmail.com	TRAINING REQUIRED

518.	593	Rana Muhammad Nadeem Assistant Professor Of Computer Sc.	36601- 2599758-7	Govt. Graduate College Multan Road Burewala	06.09.1979 Vehari	0333- 6285642	rananadim@hotmail.com	TRAINING REQUIRED
519.	594	Muhammad Maqsood Ahmad Assistant Professor Of Geography	33303- 2206351-3	Govt. Associate College Rajana, T.T.Singh	16.04.1981	0333- 4374284	maqsoody.hed@gmail.com	TRAINING REQUIRED
520.	595	Imdad Ullah Assistant Professor Of Phy Education	33100- 8635123-7	Deputy Director Colleges Faisalaabd	01.04.1963	0300- 7607034	chimdadullah@gmail.com	Exempted
521.	596	Khalid Mehmood Assistant Professor Of Chemistry	34104- 2375008-3	Govt. Islamia Graduate College Gujranwala	15-8-1966	0300- 7423979	kmrana300@ gmail. com	TRAINING REQUIRED
522.	597	Mudassar Altaf Assistant Professor Of Chemistry	35202- 9138922-7	Govt. Gradutae College, Model Town, Lahore	23.05.1967	0302- 4101495	gcmodeltown@gmail.com	TRAINING REQUIRED
523.	598	Umer Draz Assistant Professor Of Pol Science	35201- 4469330-5	Govt. Graduate College, Civil Lines, Sheikhpura.	01.04.1968	0301- 4868652	Uddogger786@gmail.com	TRAINING REQUIRED
524.	599	Zafar Iqbal Rao Assistant Professor Of Education		Govt Emerson Graduate college Multan	27.12.1968		Died	
525.	600	Abid Latif Assistant Professor Of English	31101- 1588804-3	Govt. M.A.O. Graduate College, Lahore	20.03.1970	0334- 7010551	bdlatif926@gmail.com	TRAINING REQUIRED
526.	601	Muhammad Rashid Assistant Professor Of Education	36303- 0887928-5	Emerson University, Multan	10.03.1973	0303- 7231987	mrashidshafi@gmail.com	TRAINING REQUIRED
527.	602	Zafar Nawaz Khan Assistant Professor Of Phy. Education	38302- 1215592-7	Govt. Associate College Kalabagh	10.04.1973 Mianwali	0301- 6351221	gc.boys.kalabagh.hed@gmail.com nokis11so@yahoo.com	TRAINING REQUIRED
528.	603	Majid Ali Abbasi Assistant Professor Of Sociology	33202- 4506673-3	Govt. Graduate College Jhang	14.08.1974 / Jhang	0301- 7699540	majidaliabbasi74@gmail.com	TRAINING REQUIRED
529.	604	Nasir Mehmood Assistant Professor Of Math.	35302- 1887737-3	Govt Graduate College Samundri	16.10.1975	0345753418 2	Nasirmehmoodnm644@gmail.com	TRAINING REQUIRED
530.	605	Rajjab Ali Assistant Professor Of Chemistry	31202- 7720671-7	Govt. S.E Graduate College, Bahawalpur	02.12.1976	0301- 7736117	rjjbali@gmail.com	TRAINING REQUIRED
531.	606	Kashif Hameed Assistant Professor Of Geography	33100- 6346354-5	Govt. Graduate College Jaranwala	06.01.1980	0334- 6515752	Kashifhameed57@gmail.com	TRAINING REQUIRED

532.	607	Anwar Ul Haq Assistant Professor Of English	35202- 2776969-1	Govt. Graduate College of Science Wahdat road Lahore	29.06.1964	0323- 8833807	anwarulhaqteacher@gmail.com	TRAINING REQUIRED
533.	608	Muhammad Saleem Khan Assistant Professor Of History	35202- 2956416-9	Govt. Graduate Islamia College Civil Lines, Lahore	12.11.1964	0333- 4468086	giccllahore@gmail.com	TRAINING REQUIRED
534.	609	Muzaffar Iqbal Assistant Professor Of Sociology	34302- 1700176-3	Govt. Graduate College for Boys Gulberg, Lahore	15.01.1966	0321- 7999963	muzaffariqbalrana@gmail.com	
535.	610	Anwar Hussain Syed Assistant Professor Of Commerce.	35202- 2959915-5	Govt. M.A.O. Graduate College, Lahore	05.10.1966	0333- 4882523	syedanwarhusain@gmail.com	TRAINING REQUIRED
536.	611	Shabbir Hussain Butt Assistant Professor Of English	34101- 9935640-3	Govt. Associate College (B) Aroop GRW	11-05-1968	033381631 60	shabbir2108@gmail.com	TRAINING REQUIRED
537.	612	Muhammad Ikram Raja Assistant Professor Of Biology	37401- 1401398-9	Govt. Associate College Peer Phullahi, Chakwal.	23.03.1970	0336573111 3 0346573111 3	Rajasarmad02@gmail.com	TRAINING REQUIRED
538.	613	Qazi Faheem Ul Hassan Assistant Professor Of Geography	32303- 1390256-1	Govt. Graduate College Kot Addu	10.03.1971 M. Garh	0333- 6010961	qazifaheem.hasan@gmail.com	TRAINING REQUIRED
539.	614	Abdul Majeed Asif Assistant Professor Of Geography	37405- 15481559	Govt. Graduare College Satellite Town, Rawalpindi.	04.04.1972	0301531931 0	Abdulmajeedasif@gmail.com	TRAINING REQUIRED
540.	615	Muhammad Tariq Ayoub Assistant Professor Of English	32302- 2795809-1	Govt. Graduate College of Science Near PTCL Exchange Chungi No. 06 Multan	04.08.1975	0301- 7533645	tariqayoub2017@gmail.com	TRAINING REQUIRED
541.	616	Muhammad Imran Mukhtar Assistant Professor Of English	31202- 2178353-5	Govt. S.E Graduate College, Bahawalpur	10.04.1976	0300- 9683721	imghuman@gmail.com	TRAINING REQUIRED
542.	617	Hasan Abbas Assistant Professor Of English	33104- 7107799-9	Govt. Graduate College Jaranwala	15.01.1981	0331- 6374878	abbas.hasan787@gmail.com	TRAINING REQUIRED
543.	618	Abdul Khaliq Assistant Professor Of English	38401- 01933199	Govt. Graduare College Satellite Town, Rawalpindi.	26.09.1961	0301810327 2	Gestown.pindi@gmail.com	TRAINING REQUIRED
544.	619	Muhammad Mushtaq Assistant Professor Of Sociology	36202- 0914739-1	Govt. Willayat Hussain Islamia Graduate College, Multan.	01.01.1966	0300- 6983577	principal.0361104@gmail.com	TRAINING REQUIRED
545.	620	Muhammad Akhtar Assistant Professor Of Pol. Science	38201- 1143132-5	Govt. Graudate College Jauharabad	25-04-1966	0306- 6343934	Mmuhammadakhtar91@gmail.com	TRAINING REQUIRED

546.	621	Izhar Abbas Kazmi Assistant Professor Of Psychology	35301- 1959470-7	Govt. Associate College Basirpur	05.05.1968 Okara	0300- 8801004	izharkazmi@gmail.com	TRAINING REQUIRED
547.	622	Muhammad Ahmad Sial Assistant Professor Of Geography	33203- 8676484-5	DEC Sargodha Div. Sargodha	05.11.1968	0332- 2228400	The Said Officer Promoted To The Rank Of Associate Professor (Bs-19) And Working As Director Sargodha	
548.	623	Azeem Masih Assistant Professor Of Zoology	34603- 2287257-3	Govt. Murray Graduate College Sialkot	15.04.1969	0334- 8017174	azeemzoologist85@gmail.com	TRAINING REQUIRED
549.	624	Sana Ullah Assistant Professor Of English	34101-2597445- 1	Govt. Graduate College (B), Satellite Town, Gujranwala.	01-10-1969	0300- 7790088	sanullah8032@gmail.com	TRAINING REQUIRED
550.	625	Muhammad Nadeem Zulfiqar Assistant Professor Of Commerce	36502- 1376766-9	Govt. Imamia Associate College Sahiwal	12.03.1972	0322- 7042856	mnzswl@gmail.com	TRAINING REQUIRED
551.	626	Muhammad Saleem Raza Shah Assistant Professor Of Computer Sc.	33201- 0876892-7	Govt. Grduate College Jhang	01.06.1974 / Jhang	0313- 7035400	smsmeesam@gmail.com	TRAINING REQUIRED
552.	627	Ahmad Faraz Assistant Professor Of English			20.09.1976		Died	
553.	628	Muhammad Yousaf Assistant Professor Of History	35404- 9632709-9	Govt. Associate College Shahkot	04.11.1980	0345- 8419040	yousafmughal4@gmail.com	TRAINING REQUIRED
554.	629	Manzoor Hussain Assistant Professor Of Phy. Education	36603- 3672691-7	Govt. College Civil Lines Multan	12.11.1964	0300- 7721170	Manzoorh347@gmail.com	TRAINING REQUIRED
555.	630	Zahid Kamran Khan Assistant Professor Of English			09.03.1971 M Ghar		Left college now in Qatar	TRAINING REQUIRED
556.	631	Ahsan Mukhtar Assistant Professor Of English	35402- 4326554-3	Govt. Shah Hussain Associate College Lahore.	05.09.1971	0300- 9498704	shahhussaincollege@gmail.com	TRAINING REQUIRED
557.	632	Intikhab Ahmad Assistant Professor Of English	38101- 4605101-1	Waiting Posting HED	20.09.1971 Bhakhar	0333684565 9	Intikhab5659@gmail.com	TRAINING REQUIRED
558.	633	Ejaz Hussain Assistant Professor Of English	32403- 1647770-3	Govt. Graduate College Rajanpur	01.01.1974	0333- 6484507	Principal1.gcb.rajanpur@gmail.com	TRAINING REQUIRED
559.	634	Ejaz Ahmad Assistant Professor Of Computer Sc.	35103- 1359121-9	Govt. Graduate College of Science Wahdat road Lahore	01.01.1974	0333- 4322496	eajaz.app@gmail.com	TRAINING REQUIRED
560.	635	Abrar Hussain Qureshi Assistant Professor Of English		Govt. Associate College, Mianchannu	22.05.1974			TRAINING REQUIRED

561.	636	Muhammad Nadeem Anwar Assistant Professor English	35201-1539281-3	Govt. Graduate College of Science Wahdat road Lahore.	08.05.1975	0300-4181986	unique.studies57@gmail.com	TRAINING REQUIRED
562.	637	Javed Qamar Assistant Professor Of Biology	34603-2839406-9	Govt. Jinnah Islamia Gradudate College Sialkot	01.02.1966 Sialkot	0345-6996785	Javedkamar46@gmail.com	TRAINING REQUIRED
563.	638	Muhammad Naeem Raza Assistant Professor Of English	32403-1621511-9	Govt. Islamia Graduate College Gujranwala	01-04-1967	0333-6437086	Naeemraza1967@gmail.com	TRAINING REQUIRED
564.	638-A	Muhammad Athar Assistant Professor of English	31202-4158958-3	Govt. Graduate College, Model Town, Lahore	23.06.1968 Bahawalpur	0333-6363899	gcmodeltown@gmail.com	
565.	639	Naeem Ullah Assistant Professor Of English	34101-6614359-5	Govt. Graduate College (B), Satellite Town, Gujranwala.	21-01-1970	0333-8202424	professor.naeemullah@gmail.com	TRAINING REQUIRED
566.	640	Daniel Assistant Professor Of Physics	35401-1556808-1	Govt. Graduate Islamia College Civil Lines, Lahore	18.03.1972	0333-4272213	danielfccollege@gmail.com	TRAINING REQUIRED
567.	641	Muhammad Asim Assistant Professor Of Computer Sc.	38101-0674326-7	Govt. Graduate College Bhakkar	27.10.1972	0333-8903852	asimbk2007@yahoo.com	TRAINING REQUIRED
568.	642	Shahid Farooq Assistant Professor Of English	36401-0811570-1	Government Associate College (Boys), Arifwala	07.11.1972	0301-6588688	Shahidfarooq688@gmail.com	TRAINING REQUIRED
569.	643	Muhammad Arshad Hussain Assistant Professor Of English	32403-1636182-9	Govt. Associate College (Boys) Kot Mithan District Rajanpur	12.11.1973	0333-6448492	Principal.gcb.kotmithan@gmail.com	TRAINING REQUIRED
570.	644	Muhammad Arshad Cheema Assistant Professor Of English	33100-0818151-7	GOVT.ASSOCIATE COLLEGE BOYS 266RB KHURRIANWALA FSD	03.01.1974	0321-7607757	marshadchema@gmail.com	TRAINING REQUIRED
571.	645	Muhammad Ehtsham Assistant Professor Of English	34201-0472759-5	Govt. Zamindar Graduate College Gujrat	09.10.1974	0333-8480792	mehtsham@gmail.com	TRAINING REQUIRED
572.	646	Rashid Masood Assistant Professor Of English	37405-0570539-3	Govt. Graduate College, Asghar Mall, Rawalpindi.	13.10.1970	0333597283 8	Rashidmasood40@gmail.com	TRAINING REQUIRED
573.	647	Mussadaq Fida Assistant Professor Of Computer Sc.	34603-2314205-9	Govt. Jinnah Islamia Gradudate College Sialkot	30.01.1971 Sialkot	0300-6109698	fidaone@gmail.com	TRAINING REQUIRED
574.	648	Naveed Anjum Assistant Professor Of English	32303-7164123-1	Govt. Graduate College (B) Chowk Sarwar Shaheed	30.09.1972	0300-7486867	naveedanjum32303@gmail.com	TRAINING REQUIRED
575.	649	Muhammad Faisal Rana Assistant Professor Of English	36302-3304216-3	Govt. Associate College Civil Lines, Multan.	05.07.1975	0300-7309919	ranafaisal9919@gmail.com	TRAINING REQUIRED
576.	650	Muhammad Munir ud Din Assistant Professor of Computer Sc.	35202-2670338-9	Govt. Graduate Islamia College Civil Lines, Lahore	31.10.1975	0333-4487877	ccegcg2@gmail.com	TRAINING REQUIRED

577.	651	Yasar Hammed Assistant Professor Of Computer Sc.	31102- 3882137-5	Govt. Graduate College Chishtian	05.01.1976	0333- 9779755	yasar-hameed@hotmail.com	TRAINING REQUIRED
578.	652	Muhammad Sajid Assistant Professor Of Commerce	33301- 2135022-1	Govt. Graduate College, Toba Tek Singh	20.03.1978	0331- 7861818	target_achiveroo7@hotmail.com	TRAINING REQUIRED
579.	654	Muhammad Amjad Faiz Khan Assistant Professor Of English			24.03.1966		Died	TRAINING REQUIRED
580.	655	Muhammad Mumtaz Assistant Professor Of English	38302- 9820410-1	Govt. Associate College Liaquatabad	07.10.1968 Mianwali	0333- 6833257	gc.boys.liaqatabad.hed@gmail.com	TRAINING REQUIRED
581.	656	Pervez Iqbal Assistant Professor Of English	38103- 2228376-5	Govt Associate College Bhukhar road Kalurkot	11.11.1969 Bhakhar	0301446684 7	perveziqbalkt@gmail.com	TRAINING REQUIRED
582.	657	Sajid Ahmad Assistant Professor Of English	33302- 8845632-9	Govt. Graduate College Samanabad Faisalabad	02.02.1974	030066737 63	prof.sajidahmad@gmail.com	TRAINING REQUIRED
583.	658	Muhammad Saeed Assistant Professor Of Commerce.		Govt M.A.O College Lahore	25.10.1974		Died	
584.	659	Muhammad Zubair Assistant Professor Of English	35202- 9427920-5	Govt. Graduate College Township, Lahore	25.10.1975	0334- 9932059	mzubairvirk@gmail.com	TRAINING REQUIRED
585.	660	Muhammad Amin Assistant Professor Of Computer Sc.	36302- 1610026-1	Govt. Associate College, Civil Lines, Multan.	14.04.1977	0306- 7386828	aminthahim@gmail.com	TRAINING REQUIRED
586.	661	Sakhawat Ali Assistant Professor Of Karam Din English	33104-6663082- 3	DIRECTORATE OF EDUCATION (COLLEGES), LAHORE DIVISION	01.11.1978	03016010060	director.lhr.hed@gmail.com	TRAINING REQUIRED
587.	662	Muhammad Riaz Qadir Assistant Professor Of English	33100- 1212841-3	Govt. Graduate College Samanabad Faisalabad	09.08.1963	0321662016 3	mriazqadeer07@gmail.com	TRAINING REQUIRED
588.	663	Moazzam Khan Assistant Professor Of English			01.05.1966			TRAINING REQUIRED
589.	664	Shahid Islam Assistant Professor Of English	38403- 8932635-1	Govt. Ambala Muslim Graduate College Sargodha	25.12.1968	0335- 6199613	shahidislam773@yahoo.com	TRAINING REQUIRED
590.	665	Muhammad Sajjad Assistant Professor Of Computer Sc.	33203- 1415278-3	Govt. Graduate College Sahiwal	10.11.1972	0334- 6286759	saaji74@gmail.com	TRAINING REQUIRED
591.	666	Ishtiaq Ahmed Assistant Professor Of Stat			02.06.1973			TRAINING REQUIRED

592.	667	Ahmed Farooq Azam Assistant Professor Of Computer Sc.	32303-9430591 -3	Govt. Graduate College Chowk Sarwar Shaheed	22.03.1974	0301- 6978310	ahmedfarooqazam@yahoo.co m	TRAINING REQUIRED
593.	668	Muhammad Iqbal Latif Assistant Professor Of Computer Science	36302- 4026810-3	Government associate college shujabad near kali pull district MULTAN	24.02.1977	0333611641 6	muhammadiqballatif@gmail.com	TRAINING REQUIRED
594.	669	Tahir Mahmood Assistant Professor Of Commerce	35202- 1360735-7	Govt. Islamia Graduate College, Railway Road, Lahore.	09.03.1977	0300- 4193771 0321- 9473771	sh.tahir77@gmail.com	TRAINING REQUIRED
595.	670	Liaqat Hussain Abbasi Assistant Professor Of Commerce	37404- 7748314-1	Govt. Hashmat Ali Islamia Associate College, Rawalpindi.	06.09.1962	0300519259 5	Liaqatabsi59@gmail.com	TRAINING Exampthed.
596.	671	Hafiz Muhammad Anwar Shahzada Assistant Professor Of Computer Sc.	31303- 8693878-3	Govt. Graduate College, Khanpur	05.09.1976	0321- 6746070	hshahzada@gmail.com	TRAINING REQUIRED
597.	672	Muhammad Siddiq Mukhtar Farani Assistant Professor Of Computer Sc.	31202- 1544783-3	Govt. Associate College Yazman	03.05.1963	0322- 7477856	msfarani@gmail.com	TRAINING REQUIRED
598.	673	Naeem Albert Assistant Professor Of Chemistry	31303- 7290481-5	Govt. Kh. Farid Govt. Graduate College, Rahim Yar Khan	17-09-1974	0333- 7487342	naeemalbertgmail.com	TRAINING REQUIRED
599.	674	Sarfraz Hussain Assistant Professor Of Commerce	36502- 9182689-3	Govt. Graduate College Liaqat Road Sahiwal	18.06.1975	0321- 6905677	Mianfraz1@gmail.com	TRAINING REQUIRED
600.	675	Anjum Assistant Professor Of Pol. Science	33105- 0334464-7	Govt Graduate College Samundri	12.09.1968	0300769565 3 0333993392 2	paul_anjum@yahoo.com	TRAINING REQUIRED
601.	676	Anwar Ali Sajid Assistant Professor Of Commerce	36103- 1596843-3	Govt. Associate College, Talamba Road, Mian Channu	20.11.1975	0321- 7611211	anwaralisajid@gmail.com	TRAINING REQUIRED
602.	677	Rajinder Parkash Assistant Professor Of Economics	38401- 0372558-7	Department of Economics Uni of Sargodha.	15.05.1976	0333- 6781375	rajinder.parkash@gmail.com.	TRAINING REQUIRED
603.	678	Manzoor Hussain Assistant Professor Of Computer Sc.	38303- 1005224-5	Govt. Graduate College Mianwali	15.08.1976 Mianwali	0300- 8990731	mz_h2005@yahoo.com	TRAINING REQUIRED

604.	679	Muhammad Ali Waqas Assistant Professor Of Computer Sc.	35404- 1547168-1	Govt. Graduate College, Civil Lines, Sheikhpura.	24.09.1977	0334- 4492448	ali_waqas4@hotmail.com	TRAINING REQUIRED
605.	680	Azhar Hussain Jafri Assistant Professor Of Philosophy	34102- 32755561-3	Govt. Associate College (Boys),Kamoke.	02.03.1963	0331- 6558659	Profazharjafri@gmail.com	TRAINING REQUIRED
606.	681	Ghulam Hasnain Shah Assistant Professor Of Social Work	38201- 1037545-7	Govt. Associate College, Roda District Khushab	25.10.1967	0321- 7786726	ghulamhasnainshah1967@gmail.com	TRAINING REQUIRED
607.	683	Abdul Razzaq Assistant Professor Of Chem	34201- 2618193-5	Govt. Zamindar Graduate College Gujrat	15-6-65 Gujrat	0321- 6203432	abdul.razzaq3618@gmail.com	TRAINING REQUIRED
608.	685	Tala Rashid S Assistant Professor Of Urdu			1-6-68 Kasur			TRAINING REQUIRED
609.	686	Ghulam Shabbir Assistant Professor Of Eco			10-4-66 Sargodha		Left collefe and joined F.C.I Uni .	TRAINING REQUIRED
610.	687	Saleem Akhtar Assistant Professor Of Eco	36103163308 67	Govt. Graduate College Civil Lines, Khanewal	2-7-66 Khanewal	032178706 36	saleemakhtarap@gmail.com	TRAINING REQUIRED
611.	688	Nasir Mahmood Ahmad Khan Assistant Professor Of Punjabi			15-8-62 Sheikhpura		At sen Associate #18	TRAINING REQUIRED
612.	690	Imran Raza Assistant Professor Of Eng	32102- 7949794-3	Emerson University Multan	1-6-68 Multan	031466414 23	Raza_imranrizvi@yahoo.com	TRAINING REQUIRED
613.	691	Imran Ali Khan Assistant Professor Of Hist			Multan			TRAINING REQUIRED
614.	715	Hamid Ali Assistant Professor Of Edu	35202- 2515075-1	Govt. Ambala Muslim Graduate College Sargodha	4-12-68 Lahore.	0300- 6058809	0300hamid@gmail.com	P.L.T SUCCESSFULLY COMPLETED W.E.F 10.02.2020 TO 21.02.2020
615.	716	Aneeb Masud Rabbani Assistant Professor Of Stat			5-12-63 Rawalpindi			TRAINING REQUIRED
616.	731	Khalid Mehmood Zaidi Assistant Professor Of Physics	34502- 1536341-9	Govt. Graduate College Shakargarh	20-12-1968	03007763 616	khalidmehmoodzadi@gmail.com	TRAINING REQUIRED
617.	732	Fazal Ahmed Awan Assistant Professor Of Stat			16-3-68 Lahore.			TRAINING REQUIRED

618.	741-A	Wajid Mahmood Assistant Professor Of Eng	31202- 20128609	Deputy Director (Colleges), Bahawalpur	15-3-65 Bahawal Pur	030523344 60	write2wajid@hotmail.com	TRAINING REQUIRED
619.	777/A	Muhammad Safdar Assistant Professor Of Sociology	38403- 7030504-9	Govt. Associate College Bhagtanwala Sargodha	19-4-68 Sargodha	0300- 9605581	msafdarsociology@gmail.com	TRAINING REQUIRED
620.	786	Muhammad Mushtaq Javed Assistant Professor of Eco	35101- 1279207-3	Govt. Graduate College Pattoki District Kasur	14-4-65 Kasur	0333- 4995201	prof.mmustaqjaved@gmail.com	TRAINING REQUIRED
621.	792	Abdul Qayyum Assistant Professor of Edu	35404- 1634920-5	Govt. Graduate College of Science Wahdat Road Lahore.	13-4-69 Sheikhupura	0300- 4432031	mansarajian1@gmail.com	TRAINING REQUIRED
622.	795	Mr. Sadiq Hussain Assistant Professor of Pol. Sc	31304- 8940970-1	Govt. Associate College, Tranda Muhammad Pannah	6.3.1963 R.Y.Khan	0300- 9672197	gdctmplqp@gmail.com	TRAINING REQUIRED
623.	796	Mr. Abdul Majid Gill Assistant Professor of Phy						TRAINING REQUIRED
624.	797	Mr. Muhammad Amin Assistant Professor of Maths	37101- 1690409-7	Govt. Graduate College Attock.	13-12-1963 Attock	032157047 37	m.amin.ma908@hmail.com	TRAINING REQUIRED
625.	798	Mr. Muhammad Jamil Assistant Professor of Eng	34603- 2684611-5	Govt. Murray Graduate College Sialkot	1.5.1963 Sialkot	0300- 6104520	principal.murray.skt@gmail.com	TRAINING REQUIRED
626.	799	Mr. Abdul Ahad Khan Assistant Professor of Per	Promoted to Associate Prof		9.9.1963 Lahore			TRAINING REQUIRED
627.	800	Khalid Javid Siddique Assistant Professor of Maths	37101-1752530-1	Govt. Graduate College Attock.	12-6-65 Attock	0321- 5704171	Khalidjaved65@gmail.com	TRAINING REQUIRED
628.	801	Zia Ullah Khan Assistant Professor of Pol.Science	38301-4512123-3	Govt. Associate College Kalabagh	2-3-64 Mianwali	0300- 6099030	ziaullahkhan760@gmail.com	TRAINING REQUIRED
629.	802	Zia Ullah Khan Assistant Professor of Pol.Science	38301-4512123-3	Govt. Associate College Mianwali	2-3-64 Mianwali	0300- 6099030	gc.boys.kalabagh.hed@gmail.com	TRAINING REQUIRED

630.	803	Muhammad Akram Assistant Professor of Phy			22-12-67 Sialkot			TRAINING REQUIRED
631.	804	Mazhar Hussain Assistant Professor of Maths	35201-6316679-1	Govt. Islamia Graduate College, Railway Road, Lahore	10-6-67 Lahore.	0332- 7270228	mazharhussaingic@gmail.com	TRAINING REQUIRED
632.	805	Muhammad Tariq Assistant Professor of Punjabi	35200-3027109-9	Emerson University, Multan	4-10-67 D.G. Khan	0300- 4204907	proftariq@hotmail.com	TRAINING REQUIRED
633.	807	Yousaf Jamal Assistant Professor of Psy	35202-3008141-1		1-1-68 Lahore.		dryousafjamal@gmail.com	TRAINING REQUIRED
634.	808	Muhammad Asim Nadeem Assistant Professor of Punjabi			25-1-69 Lahore.			TRAINING REQUIRED
635.	809	Muhammad Khalid Assistant Professor of Bio			15-3-70 Multan			TRAINING REQUIRED
636.	810	Dr. Muhammad Waris Assistant Professor of Hist	38403-2268332-9	Govt. College University Faisalabad	10-4-72 Sargodha	034051940 25	Drwarisawan35@gmail.com	TRAINING REQUIRED
637.	811	Abdul Saboor Assistant Professor of Eng	35202-2725103-3	Govt. M.A.O. Graduate College, Lahore	23-9-62 Sahiwal	0300- 4238690	abdulsaboor2222@gmail.com	TRAINING REQUIRED
638.	812	Shahrukh Zaman Assistant Professor of Edu	35202-2541907-9	GOVT.ASSOCIATE COLLEGE BOYS PHOOL NAGAR	1-1-69 Lahore.	0332- 4160865	shahrukhzamangic@gmail.com	TRAINING REQUIRED
639.	813	Shahzad Aslam Bajwa Assistant Professor of Psy	35201-1269736-1	Govt. Islamia Graduate College Kasur	23-05-1970	0333- 4259597	Shahzadbajwa306@gmail.com	TRAINING REQUIRED
640.	814	Muhammad Ashraf Assistant Professor of Punjabi	33202-1347759-5	Government Graduate College Jhang	08-07-1965 Jhang	0300- 6500933	ashrafsial65@gmail.com	TRAINING REQUIRED

641.	815	Muhammad Farooq Assistant Professor of Edu	33104-2180801-9	Govt. Graducate College Satiana Road, Faisalabad	17-8-69 Faisal Abad	030066084 99	Gcsrfarooq69@gmail.com	TRAINING REQUIRED
642.	816	Raza Ahmad Assistant Professor of Urdu	35202-4723593- 9	Govt. Islamia Associae College (Boys), Lahore Cantt	15-5-69 Lahore.	0321- 4093166	aliarza170@gmail.com	TRAINING REQUIRED
643.	817	Muhammad Iqbal Assistant Professor of Per	38202-7519674-9	Govt. Graudate College Jauharabad	16-9-1963	0302- 3962624	gc.boys.jauharabad.hed@gmail.com	TRAINING REQUIRED
644.	818	Azhar Mahmood Assistant Professor of Urdu	37101-7809653-3	Govt. Graduate College Attock.	16-2-67 Attock	032152265 51	Azharmahmood67@hotmail.com	TRAINING REQUIRED
645.	819	Abid Farooq Assistant Professor of Eng	33102-1755008-5	Govt. Municipal Graduate College, Jaranwala Road, Faisalabad.	27-9-66 Faisal Abad	0301- 7057378	gmdc.fsd@gmail.com	TRAINING REQUIRED
646.	820	Saadat Rafiq Assistant Professor of Pol.Sc	38403-2188520-3	Govt. Ambala Muslim Graduate College Sargodha	1-4-68 Sargodha	0306- 6383390	saadatrafiq1968@gmail.com	TRAINING REQUIRED
647.	821	Muhammad Asghar Malik Assistant Professor of Eng	33301-2103226-1	Govt. Associate College Painsra, Faisalabad	13-4-66 Faisal Abad	0309- 6064242	malikasghar2018@gmail.com	TRAINING REQUIRED
648.	822	Syed Ali Imran Assistant Professor of Hist	33201-1518402-7	Govt Graduate T I College Chenab Nagar	15-3-68 Jhang	0334- 6201214	profalimral@gmail.com	TRAINING REQUIRED
649.	823	Muhammad Javed Assistant Professor of Urdu		GOVT. ASSOCIATE COLLEGE JAHANIAN	21-3-65 Vehrai			TRAINING REQUIRED
650.	824	Khalid Mubeen Assistant Professor of Urdu	35202-2431441-1	Govt. Khawaja Rafique Shaheed Graduate College, Walton Road, Lahore.	12-12-64 Lahore.	0321- 4383009	khalidmubeen@gmail.com	TRAINING REQUIRED
651.	824/A	Muhammad Akram Chaudhry Assistant Professor of Chem	35102-0666259-3	Government Associate College (Boys) Raiwind, Lahore	6-9-65 Kasur	0300880037 5	akram786jang@gmail.com	TRAINING REQUIRED

652.	825	Nasir Bashir Assistant Professor of Urdu	36302-1199992-1	Govt. Dyal Singh Graduate College, Lahore	06-01-1968	0333- 4339350	nasirbashir1968@gmail.com	TRAINING REQUIRED
653.	826	Syed Waqar Haider Jafri Assistant Professor of Eng	37301-2293856-3	Govt. Graduate College G. T Road, Jhelum.	17-7-69 Jhelum	0345- 5700316	Vckarr17@gmail.com	TRAINING REQUIRED
654.	827	Muneeb Ahmad Khan Lodhi Assistant Professor of Eco	35202-3644692-1	Govt.Associate College (B) Haveli Lakha, Okara	4-4-67 Okara	0333- 9369527	Muneebk4@gmail.com	TRAINING REQUIRED
655.	828	Qamar Abbas Assistant Professor of Pol.Sc	37201-0915358-3	Govt.Graduate College, Asghar Mall, Rawalpindi.	1-3-71 Chakwal	0333- 5900653	Qamar.abbas1971@yahoo.com	TRAINING REQUIRED
656.	829	Khalid Saif Ullah Assistant Professor of Social Work	35303-2055798-5	Govt.Associate College Renala Khurd, Okara	19-5-69	0300- 6955692	khalidsaifullah486@ gmail.com	TRAINING REQUIRED
657.	830	Mr. Muhammad Habib Assistant Professor of Eng			23.10.1958 Lahore		Retird	
658.	831	Muzaffar Khan Zafar Assistant Professor of Pol.Sc			Govt.Gordon Graduate College, Rawalpindi.	11-5-61 Sialkot		Retired from service w.e.f 10.05.2021
659.	832	Tahir Mahmood Assistant Professor of Chem			14-6-66 Lahore.			TRAINING REQUIRED
660.	833	Ahsan Mahmood Assistant Professor of Edu	36502-1611252-3	Govt. Graduate College Sahiwal	5-8-69 Sahiwal	0345- 7450053	Govt.college.swl@gmail.com	TRAINING REQUIRED
661.	834	Muhammad Yousuf Zia Assistant Professor of Arab			1-4-67 R.Y. Khan			TRAINING REQUIRED
662.	835	Muhammad Yamin Assistant Professor of Edu	36302-6872607-1	Govt. Millat Associate College, Mumtaz abad, Multan	13-12-68 Lodhran	0300- 6370703	ch.yamin1968@gmail.com	TRAINING REQUIRED

663.	836	Attique Younas Malik Assistant Professor of Com	35201-3072173-1	Govt.Kh.Rafique Shaeed College, Walton Road,Lhr.	18-2-69 Lahore.	0321- 4125252	atique.younas62@gmail.com	TRAINING REQUIRED
664.	837	Asif Bashir Sulehri Assistant Professor of Urdu	34602-0699931-1	Govt. Jinnah Islamia Gradudate College Sialkot	3-1-69 Sialkot	0311- 7995075	asifbashirsulehri@gmail.com	TRAINING REQUIRED
665.	838	Azhar Ali Khalid Assistant Professor of Chem	35302-0807154-5	GOVT.ASSOICATE COLLEGE OKARA	16-02-1968 Sahiwal	0345- 5288935	azharkhalid22@gmail.com	TRAINING REQUIRED
666.	839	Sarfraz Ahmad Goraya Assistant Professor of Pol.Sc	36502-1427219-9	Govt. Graduate College Sahiwal	25-10-65 Lahore.	0333- 6919230	sarfraz_goraya@yahoo.com	TRAINING REQUIRED
667.	840	Syed Rashid Mukhtar Ahmed Assistant Professor of Eco	35201-5641654-7	Govt. Shah Hussain Associate College Lahore.	7/24/1969	0300- 4911838	shahhussaincollege@gmail.com	TRAINING REQUIRED
668.	841	Dawood Ahmed Assistant Professor of Pol.Sc	35404-1639012-7	Govt. Graduate College, Civil Lines, Sheikhupura.	14-09-1968	0300- 9401048	musabbindawood@gmail.com	TRAINING REQUIRED
669.	842	Liaqat Sohail Meer Assistant Professor of Punjabi	34601-8589385-1	Joined HED awaiting posting	8-12-67 Sialkot	033386648 38	doctorsohailmeer@gmail.com	TRAINING REQUIRED
670.	843	Bilal Ahmad Khan Assistant Professor of Pol.Sc	38303-0977612-1	Govt. Associate College Liaquatabad	15-10-65 Mianwali	0301- 3955462	gc.boys.liaqatabad.hed@gmail.com	TRAINING REQUIRED
671.	844	Muhammad Mahmood Anwar Assistant Professor of Chem	38405-2251872-3	University of Sargodha	17-12-70 Sargodha	0301- 6713370	ranamahmood127127@gmail.com	TRAINING REQUIRED
672.	845	Muhammad Arshad Shahid Assistant Professor of Punjabi	36501-5242751-3	Govt. Islamia Graduate College Kasur	04-01-1964	0333- 4727288	drashadshahadshahidgick@gmail.com	TRAINING REQUIRED
673.	846	Kashif Shehzad Assistant Professor of Urdu	36502.9689130.5	Govt. Imamia Associate College Sahiwal	05-09-70	0324- 7247270	kstar1236@gmail.com	TRAINING REQUIRED

674.	847	Younas Hassan Assistant Professor of Urdu	35102-0675294-9	Govt. Islamia Graduate College Kasur	12-10-1969	0303- 6469044	hassanyounas830@gmail.com	TRAINING REQUIRED
675.	848	Bashir Ahmed Assistant Professor of Eco	32303-3734424-9	Govt. Graduate College Chowk Sarwar Shaheed	1-9-68 M.Garah	0301- 6961952	bashirahmad.ddc@gmail.com	TRAINING REQUIRED
676.	849	Muhammad Azhar Tasneem Assistant Professor of Edu	34104-2443458-5	GOVT ASSOCIATE COLLEGE (B) MANGOWAL GUJRAT	1-4-69 Gujranwala	0347- 6324795	azhartasneemcheema@gmail.com	TRAINING REQUIRED
677.	850	Khawaja Ahsan Nadeem Assistant Professor of Eng	36301-0936849-9	Govt. Associate College, Jalalpur Pirwala, Multan.	1-1-67 Multan	0300- 8943433	Kh.ahsan.jppw@gmail.com	TRAINING REQUIRED
678.	851	Muhammad Anwar Shaheen Assistant Professor of Zool	31301-1476162-9	Govt. Graduate College, Khanpur	6-6-66 R.Y Khan	0333- 7470149	maskhanpur@gmail.com	TRAINING REQUIRED
679.	852	Abdul Rauf Assistant Professor of Urdu	33100-3511650-1	Govt. Municipal Graduate College, Jaranwala Road, Faisalabad.	20-10-64 Faisal Abad	0308- 7015014	ranarauf231@gmail.com	TRAINING REQUIRED
680.	853	Farooq Anwar Assistant Professor of Pol.Sc	33104-2172244-3	Govt. Islamia Graduate College, Sargodha Road, Fsd	15-8-67 Faisal Abad	0332669073 1	farooqanwar67@gmail.com	TRAINING REQUIRED
681.	854	Khalil Ahmad Assistant Professor of Eco	35301-1987010-9	GOVT.ASSOICATE COLLEGE OKARA	18-08-1967 Okara	0345- 7493997	pro.khalilahmad@gmail.com	TRAINING REQUIRED
682.	855	Mirza Moeen Ud Din Assistant Professor of Punjabi			11-11-68 Okara			TRAINING REQUIRED
683.	856	Muhammad Ali Saeed Assistant Professor of Chem	38102-2955176-1	Govt. Associate college Darya khan Bhukkar	11-10-68 Bhakkar	033380535 65	Muhammadalisaeed2@gmail.com	TRAINING REQUIRED
684.	857	Muhammad Hussain Assistant Professor of Pol.Sc			14-12-66 Khushab			TRAINING REQUIRED

685.	858	Nazir Ahmed Assistant Professor of Pol.Sc	35200-1425954-5	Govt. Shah Hussain Associate College Lahore.	15-10-1968 Sahiwal	0300- 8188207	shahhussaincollege@gmail.com	TRAINING REQUIRED
686.	859	Khalid Hassan Assistant Professor of Eng	33100-0988877-3	Govt. Municipal Graduate College, Jaranwala Road, Faisalabad.	1-1-66 T.T. Singh	0300- 9655541	prokhalidhassan@gmail.com	TRAINING REQUIRED
687.	860	Mansoor Ahmed Shah Assistant Professor of Punjabi	36302-2345723-3	Emerson University, Multan	1-2-67 Multan	0300- 8635373	mansoorahmadshah.red@gmail.com	TRAINING REQUIRED
688.	861	Rizwan Ahmad Mujahid Assistant Professor of Urdu	35202-0612866-7	Govt. Graduate College Township, Lahore	2-3-66 Lahore.	0300- 9488525	dr.rizwanmujahid92@gmail.com	TRAINING REQUIRED
689.	862	Imran Khalid Assistant Professor of Punjabi	35202-2848823-7	Govt. Shalimar Graduate College, Lahore.	18-10-67 Lahore.	0333419400 9	imran67pak@gmail.com	TRAINING REQUIRED
690.	863	Muhammad Afzal Assistant Professor of Pol.Sc			16-9-66 Rawalpindi			TRAINING REQUIRED
691.	864	Muhammad Imtiaz Shahid Assistant Professor of Urdu	35202-5840141-5	Govt. Graduate College Township, Lahore	1-2-65 Lahore.	0322- 2700004	mimtiazhahid@gmail.com	TRAINING REQUIRED
692.	865	Syed Ashfaq Hussain Bokhari Assistant Professor of Pol.Sc	35202-2865761-5	Working as Dy. Director at Directorate of Women Development, Lahore.	28-10-67 Bhakkar	0300- 4355624	ashfaqbokhari19@gmail.com	TRAINING REQUIRED
693.	866	Ch. Muhammad Toseef Sadiq Assistant Professor of Eco	35202-6494663-7	Govt. MAO Graduate College, Lahore	11-4-67 Lahore.	0333- 4934086	prof.toseef@gmail.com	TRAINING REQUIRED
694.	867	Shamshad Hussain Assistant Professor of Pol.Sc	36602-1818067-7	Govt. Graduate College Vehari	16-04-1970	030417340 69	shamshadhussain550@gmail.com	TRAINING REQUIRED
695.	868	Tahir Mehmood Assistant Professor of Pol.Sc	37303-1138320-3	Govt. Associate College Kallar Syedan.	4-8-69 Jhelum	033797495 21	tahirshw@gmail.com	TRAINING REQUIRED

696.	869	Mirza Shahid Baig Assistant Professor of Pol.Sc	35202-2523485-3	Govt. M.A.O. Graduate College, Lshotr	7-6-69 Lahore.	0333- 4254742	shahidbeiglhr@gmail.com	TRAINING REQUIRED
697.	870	Nawab Din Assistant Professor of Per	38202-1256350-1	Govt. Associate College Noorpur thal (Khushab)	21-10-70 Khushab	0300- 8196271	prof.nawabdeen@gmail.com	TRAINING REQUIRED
698.	871	Sajad Ahmad Assistant Professor of Eco	38403-2248139-7	Govt.Associate College Bhagtanwala Sargodha	15-4-64 M. Garah	0331- 7671275	gc.boys.bhagtanwala.hed@gmail.com	TRAINING REQUIRED
699.	872	Naeem Ullah Virk Assistant Professor of Pol.Sc	35401-5514993-7	Govt. Associate College Narang Mandi 1, SKP	01-12-64 Sheikhupura	0300- 8819779	naeemullahvirk@gmail.com	TRAINING REQUIRED
700.	873	Anwar Ul Haq Assistant Professor of Urdu	36502-1373857-3	Govt. Graduate College Sahiwal	6-5-62 Sahiwal	040- 4553198	Govt.college.swl@gmail.com	TRAINING REQUIRED
701.	874	Muhammad Irshad Assistant Professor of Eco			17-4-62 Lahore.	Died in 2019	Govt. M.A.O College Lahore	
702.	875	M.Ashraf Sabir Assistant Professor of Chem	35201-2771561-3	Govt. Islamia Graduate College, Railway Road, Lahore	15-3-66 Lahore.	0333- 4390570	Ashrafchem66@gmail.com	TRAINING REQUIRED
703.	876	Zia Ul Haq Assistant Professor of Eng	31202-1685613-3	Govt. S.E Graduate College, Bahawalpur	10-2-62 Bahawal Pur	0300- 9684750		TRAINING REQUIRED
704.	877	Ikram Ullah Assistant Professor of Eng	36502-1362434-3	Govt. Graduate College Sahiwal	21-4-71 Sahiwal	0321- 6900204	kamyana6swl@gmail.com	TRAINING REQUIRED
705.	878	Muhammad Ilyas Assistant Professor of Pol.Sc	35202-1441416-1	Govt. Graduate Islamia College Civil Lines, Lahore	27-11-65 Lahore.	0322- 4357460	muhammadilyasgiccl@gmail.com	TRAINING REQUIRED
706.	879	Muhammad Naeem Assistant Professor of Chem	31201-8138812-1	Govt. S.E Graduate College, Bahawalpur	12-5-70 Bahawal Pur	0333- 7664149	m.naeemqamar2000@gmail.com	TRAINING REQUIRED

707.	880	Mushtaq Ahmad Assistant Professor of Punjabi	35202-2005154-7	Govt. M.A.O. Graduate College, Lahore	3-8-63 Faisal Abad	0322- 8809353	mushtaqahmadhanjra@gmail.com	TRAINING REQUIRED
708.	881	Zahid Sharif Chaudhry Assistant Professor of Chem			25-10-68 Lahore.			TRAINING REQUIRED
709.	882	Riaz Ahmad Assistant Professor of Pol.Sc	38401-0358783-9	Govt. Dyal Singh Graduate College, Lahore	14-04-1965	0333- 4435966	riazahmad018@gmail.com	TRAINING REQUIRED
710.	883	Abdul Latif Azhar Assistant Professor of Pol.Sc	36302-6730358-7	Govt. Millat Associate College, Mumtaz abad, Multan	15-2-69 Vehrai	0300- 9632422	latif2422@gmail.com	TRAINING REQUIRED
711.	884	Abid Hussain Assistant Professor of Pol.Sc	373012347523-7	Govt. Associate College Dina Jhelum	10-4-65 Jhelum	0300- 5437292	Prof.abid544@gmail.com	TRAINING REQUIRED
712.	885	Ahmed Raza khan Assistant Professor of Pol.Sc	33105-2483711-7	Govt Graduate College Samundri	7-6-69 Faisal Abad	0301- 7047105	ahmadrazakhan742@gmail.com	TRAINING REQUIRED
713.	886	Asif Mehmood Shaheen Assistant Professor of Eng	35102-5982325-9	Govt. Graduate College of Science Wahdat road Lahore	27-2-68 Kasur	0323- 8488595	asifshaheen1968@gmail.com	TRAINING REQUIRED
714.	887	Muhammad Waseem Afzal Assistant Professor of Eng	35202-2671654-7	Govt. M.A.O. Graduate College, Lahore	27-12-69 :Lahore.	0332- 4479259	waseemmaolhr@gmail.com	TRAINING REQUIRED
715.	888	Muhammad Ramzan Assistant Professor of Bot	32203-0368465-7	Govt. Graduate College Kot Addu	1-1-70 Layyah	0301- 7889395	prof.muhammadramzanbio@gmail.com	TRAINING REQUIRED
716.	889	Muhammad Ahsan Javed Assistant Professor of Chem	34603-2285052-1	Govt. Jinnah Islamia Graduate College Sialkot	15-12-65 Sialkot	0321- 6145005	profahsanjaved@gmail.com	TRAINING REQUIRED
717.	890	Zulfiqar Hussain Assistant Professor of Eng	33105-8041555-3	Govt Graduate College Samundri	1-4-65 Faisal Abad	030076344 39 / 031566334 39	Zulfiqar439@gmail.com	TRAINING REQUIRED

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718.	891	Khalid Mahmood Assistant Professor of Chem		31304-4383472-5	Govt.Associate College Sadiqabad.	05/05/1965 R. Y.Khan		Hehas been died on 07-02-2018
719.	892	Abdul Waheed Assistant Professor of Pol.Sc	33105-0372944-3	Govt.Municipal Graduate College, Jaranwala Road,Faisalabad.	5.6.68 Faisal Abad	0333- 6867727	abdulwaheedgci@gmail.com	TRAINING REQUIRED
720.	893	Mushtaq Ahmad Assistant Professor of Per	38404-0942224-9	Govt. Graduate College Bhalwal (Sargodha)	3.4.66 Sargodha	0346- 8643023	ahmadhocane475@gmail.com	TRAINING REQUIRED
721.	894	Naveed Aslam Assistant Professor of Eng	34301-1778808-9	Govt. Graduate College, Hafizabad	17-10-65 Gujranwala	0321- 6266189	naveedaslam0062@gmail.com	TRAINING REQUIRED
722.	895	Shahid Naseem Assistant Professor of Pol.Sc	35202-4747214-3	Govt. Graduate College for Boys Gulberg, Lahore	17-9-1966 Lahore.	0334- 4106692	shahidn66@gmail.com	TRAINING REQUIRED
723.	896	Mujahid Hussain Bokhari Assistant Professor of Chem		Govt. Jinnah Islamia Graduate College, Sialkot.	17-8-64 Sialkot		Sen.No,82/G BS-20	He is working as professor of Chemistry/Principal Govt. Jinnah Islamia Graduate College, Sialkot.
724.	897	Khalid Mahmood Assistant Professor of Pak.St	35404-6392317-5	Govt. Graduate College, Civil Lines, Sheikhupura.	12-12-1966	0347- 9590088	khalidbhathal@gmail.com	TRAINING REQUIRED
725.	898	Muhammad Ramzan Assistant Professor of Chem			24-6-65 Multan		Died	
726.	899	Muhammad Arshid Saeed Assistant Professor of Eng	35201-1344691-5	Govt. Shalimar Graduate College, Lahore.	28.5.65 Lahore.	0333436291 3	spenth0138@gmail.com	TRAINING REQUIRED

727.	900	Mudassar Altaf Assistant Professor of Chem			23-5-67 Lahore.			TRAINING REQUIRED
728.	901	Insram Elahi Assistant Professor of Eng	35202-2808910-5	Govt. Graduate College Township, Lahore	14-1-69 Lahore.	0300- 4209450	shinsram@gmail.com	TRAINING REQUIRED
729.	902	Tahir Musood Assistant Professor of Eng	35202-0502251-1	Govt. M.A.O. Graduate College, Lahore.	2-8-69 Sheikhpura	0332- 4147261	Tahir.masood@gmail.com	TRAINING REQUIRED
730.	903	Mulazim Hussain Abul Asrat Assistant Professor of Eng	38403-5059626-7	Govt. Associate College Sargodha Road Sahiwal District Sargodha	15-08-68 Sargodha	0300- 6020155	maza1s@gmail.com	TRAINING REQUIRED
731.	903-A	Syed Jafar Hussain, Assistant Professor of Persian	35101-1301129-7	Govt. Dyal Singh Graduate College, Lahore.	22-02-1966	0322- 4190619	Jafashah14@hotmail.com	Training Required
732.	904	Muhammad Ahmad Assistant Professor of Eng	36502-1373849-3	Govt. Graduate College Sahiwal	4-7-65 Sahiwal	0322- 7073200	ahmad422-j@gmail.com	TRAINING REQUIRED
733.	905	Muhammad Yousaf Assistant Professor of Eng	36601- 16304109	Govt. Graduate College Multan Road Burewala	11-06-1969 Sahiwal	0300- 6994165	Yousafmaan01@gmail.com	TRAINING REQUIRED
734.	906	Muhammad Shaukat Hayat Assistant Professor of Eng	35102-0669354-7	Govt. Islamia Graduate College Kasur	01-05-1965	0333- 4920880	Mshayat65@gmail.com	TRAINING REQUIRED
735.	907	Tariq Mushtaq Ahmad Khan Assistant Professor of Eng	33104-2084440-7	Govt. Graduate College Jaranwala	6-9-65 Jhang	0300- 6531624 0333- 6681881	Tariqmushtaq624@gmail.com	TRAINING REQUIRED
736.	908	Syed Anwar Haider Wajid Assistant Professor of Eng	36401-1231501-3	Govt. Graduate College, Model Town, Lahore	15-3-62 Sahiwal	0321- 8787404	gcmodeletown@gmail.com	TRAINING REQUIRED
737.	909	Sarfraz Ahmad Khan Assistant Professor of Per.	38402-1572591-3	Govt. Associate College Farooka	8-1-71 Sargodha	300- 8107361	sarfrazbloch1971@gmail.com	TRAINING REQUIRED

				Tehsil Sahiwal District Sargodha				
738.	910	Muhammad Shahid Siraj Assistant Professor of English	31201-9706428-3	Govt. S.A. Graduate College Dera Nawab Sahib.	1-1-1967	0300 6800792	ashahidsiraj@gmail.com	TRAINING REQUIRED
739.	911	Abdul Wahab Assistant Professor of English	3520207069961	Govt. Shalimar Graduate College, Lahore.	11-9-68 Sialkot	0300488091 9	lco.wahab@gmail.com	TRAINING REQUIRED
740.	912	Aftab Noor Ahmad Assistant Professor of		Govt. Graduate College, Lalamusa	1-7-69 Gujrat			As per Report of Principal, Govt. Graduate College, Lalamusa the said officer can not join as Assistant Professor. Presently he is working as Lecturer in his college. Report of Principal attached.
741.	913	Muhammad Akhtar Moavia Assistant Professor of English	38101-0623137-3	Govt. Graduate College Bhakkar	4-4-67 Bhakkar	0333- 8906234	akhtarmoavia@gmail.com	TRAINING REQUIRED
742.	914	Haq Nawaz Assistant Professor of English	38401-0367018-3	Govt. Graduate College Bhalwal (Sargodha)	6-2-63 Sargodha	0346- 8609843	hq Nawaz364@gmail.com	TRAINING REQUIRED
743.	915	Noman Ashraf Assistant Professor of Pak.St	36401- 0864325-7	Government Associate College (Boys) Arifwala	16-4-69 Sahiwal	0300- 6941766	numanashrif@gmail.com	TRAINING REQUIRED
744.	916	Adnan Amir Assistant Professor of English	35201-7742642-5	Govt. Shalimar Graduate College, Lahore	1-7-64 Lahore.	0321377641 8	<u>Prof.adnanamir@gmail.com</u>	TRAINING REQUIRED
745.	917	Amer Shafi Assistant Professor of English	35202-8970480-7	Govt. Shalimar Graduate College, Lahore.	9-1-67 Lahore.	0333- 4174277	amerschafi@gmail.com	TRAINING REQUIRED

746.	918	Muhammad Akhtar Assistant Professor of English	34101-3789289-3	Govt. Graduate College (B), Satellite Town, Gujranwala.	04-10-1966	0333- 8146568	akhtarghumman8@gmail.com	TRAINING REQUIRED
747.	919	Umer Hayat Assistant Professor of English	35202-2653810-1	Govt. Graduate Islamia College Civil Lines, Lahore	20-10-63 Kasur	0300- 4610922	gicclahore@gmail.com	TRAINING REQUIRED
748.	920	Rashad Ullah Butt Assistant Professor of English	34201-2953100-1	Govt. Zamindar Graduate College Gujrat	12-10-64 Gujrat	0300- 6258415	rashadbutt.ab@gmail.com	TRAINING REQUIRED
749.	921	Nasir Mahmood Awan Assistant Professor of English	37201-1758623-9	Govt. Gordon Graduate College, Rawalpindi.	28-5-69 Rawalpindi	033359159 28	nasirmahmoodawan@gmail.com	TRAINING REQUIRED
750.	922	Syed Muhammad Hussain Kazmi Assistant Professor of English	33201-1690929-1	Govt. Islamia Graduate College Chiniot	31-1-65 Jhang	0333- 9794050	hussainkazmi1969@gmail.com	TRAINING REQUIRED
751.	923	Sultan BakhtiarS/ Assistant Professor of English	34603-2326828-7	Govt. Jinnah Islamia Graduate College Sialkot	1-3-67 Sialkot	0314- 4705550	sultanbakhtair5@gmail.com	TRAINING REQUIRED